

Hiking for Cub Scouts







Wood Badge Ticket Hiking for Cub Scouts

A Personal Statement of Vision and Mission

This ticket is dedicated to my children, the boys of Den 4, and to all Scouts and Scouters who may benefit from the information which is being provided.

The information provided within this package is geared towards Cub Scouts, but can be used for any age group and is not intended to discriminate against any person due to age, gender, or belief.





Scouting's Values

The values of Scouting are put forward first and foremost in the various oaths and codes which the different programs expound.

Tiger Cub Promise

I promise to love God, my family and my country, and to learn about the world.

Tiger Cub Motto

Search, Discover, Share

Cub Scout Promise

I promise to do my best to do my duty to God and my Country. To help other people, and to obey the Law of the Pack.

Law of the Pack

The Cub Scout follows Akela.

The Cub Scout helps the pack go.

The pack helps the Cub Scout grow.

The Cub Scout gives goodwill.

Cub Scout Motto

Do Your Best





Scout Oath

On my honor I will do my best to do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.

Scout Law

A Scout is Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent.

Scout Motto

Be Prepared

Venturing Oath

As a Venturer, I promise to do my duty to God and help strengthen America, to help others, and to seek truth, fairness, and adventure in our world.

Venturing Code

As a Venturer, I believe that America's strength lies in our trust in God and in the courage, strength, and traditions of our people.

I will, therefore, be faithful in my duties and will maintain a personal sense of honor in my own life.

I will treasure my American heritage and will do all I can to preserve and enrich it.

I will recognize the dignity and worth of all humanity and will use fair play and goodwill in my daily life.

I will acquire the Venturing attitude that seeks the truth in all things and adventure on the frontiers of our changing world.





All levels of Scouting are also encouraged to follow:

The Outdoor Code

As an American, I will do my best to:

Be clean in my outdoor manners.

Be careful with fire.

Be considerate in the outdoors.

Be conservation-minded.





Mission and Vision

Scouting's Mission Statement

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

Scouting's Vision Statement

The Boy Scouts of America is the nation's foremost youth program of character development and values-based leadership training.

In the future Scouting will continue to

- Offer young people responsible fun and adventure;
- Instill in young people lifetime values and develop in them ethical character as expressed in the Scout Oath and Law;
- Train young people in citizenship, service, and leadership;
- Serve America's communities and families with its quality, values-based program.





My Vision of Success and Related Plan of Action.

The Boys Scouts of America is considered by many to be one of the premier organizations for the building of character in young men. There are many aspects in this program which guide the young man in a direction where he can exemplify the morals and values which the Boy Scouts, and in fact the United States, are founded upon. From the earliest encounters in Tiger Cubs, to the loftiest heights of the Eagle Scout, character building is taking place on a multitude of levels.

The Scout Oath closes with the promise "To keep myself physically strong, mentally awake, and morally straight." These three ideals can be taught through many different activities. It is my goal here to show that they can be taught with an active hiking program. This kind of activity is an important character building tool which can be utilized by Scouts of all ages. Not only does it fit directly into the point of the Scout Oath which requires us to be physically fit, I will show how hiking can exemplify many of the points brought forth in the various oaths and codes.

The Tiger Cub Promise asks a young boy to promise to love God, my family and my country, and to learn about the world. The last two points, to love my country and to learn about the world, can easily be accommodated into a hike geared towards learning about our country and the planet we live on. A walk through a nature park will provide a plethora of chances to learn about the world outside our homes. A hike through a historic park or other area will give us examples of why we should love and cherish the country that we call our homeland. The Tiger Cub Motto; Search, Discover, Share, empowers us to fully take advantage of these opportunities.

Through the Cub Scout Promise, boys promise to do my best to do my duty to God and my Country. To help other people, and to obey the Law of the Pack. This then leads into the Law of The Pack which tells us that The Cub Scout follows Akela. The Cub Scout helps the pack go. The Pack helps the Cub Scout grow. The Cub Scout gives goodwill. It is plain to see that the Law of The Pack is telling us that it is the Leader's (Akela's) role to



Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-180

show the boys how to get the most out of life. By being a part of a Pack, the boys, through the actions and direction of Akela, will grow. One important aspect of growth is fitness. Taking the boys on a hike is a great way to build their confidence in their own skills, by challenging them to test their physical limits in a safe and often educational setting. The Cub Scout Motto, Do Your Best, shows us that a successful completion or a "Win the Game" attitude is not the most important part of scouting. Having a "winning attitude" does not mean that you will always come out on top. Simply trying your hardest is perfectly acceptable. Planning a nine mile hike but only completing seven miles is still a successful hike because everyone put forth their best effort.

The Official Mission Statement of the Scouting Program in America states the mission is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law. The Tiger and Cub Scout Promises and Law can be seen as the steps, building up to the much more demanding Scout Oath and Law. On My Honor I will do my best to do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight. A Scout is Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent.

These two statements encompass all of the things that a good citizen should be.

The Official Vision Statement of the Boy Scouts goes on to say that The Boy Scouts of America is the nation's foremost youth program of character development and values-based leadership training. A strong program based around this statement should include skills which can best be taught in an outdoor environment. By teaching boys how to safely interact with the world around them, they will be much better prepared to lead us into the future. A program based around properly planned hiking can bring all of these ideas into play and help to make stronger men out of our boys.



Mark H. Morris Den Leader Pack 2, Downingtown



A properly planned hike should include an aspect of each of the following skills.

- 1) Physical Fitness. Boys and adults alike should be challenged but not put to the extreme during a hike. The hike should be planned with the weakest member of the group in mind so that they are not left behind.
- 2) Education. A great hike will have an educational aspect to it. Whether it is a nature hike or a hike through the historic district of your town, every hike can teach us something. If nothing else is accomplished, a hike can teach us about the limits our bodies can reach if we set our minds to it.
- 3) Fun. This is possibly the most important aspect of a great hike.
- In the 1953 edition of the Patrol Leaders Handbook, page 131 begins a chapter titled "Many Kinds of Hikes". While some of these may seem silly by today's standards, most of them still hold true as excellent reasons for going on a hike.
 - 1. Adventure Hike: Send the boys out on a hike to find an adventure, then return and tell about it. This is a great kind of hike to do from a campground.
 - 2. Orienteering Hike: A hike is a great opportunity to learn a new skill. Teaching boys how to read a map and use a compass is a skill that will help keep them on track for the rest of their lives. One excellent example of this is the Valley Forge Historic Trail, covered in greater detail later.
 - 3. Exploration Hike: Take a hike into an area that is new or different from anything the boys may have seen before. A hike along the river, or to a cave.
 - 4. North Pole Hike: Plan a winter hike through the snow.
 - 5. Nature Hike: Hikes to look for birds, or plants, or trees or animals. Camp Horseshoe has a well put together Nature Trail.
 - 6. Robinson Crusoe (Survival) Hike: Take your gear but find your food as you go. Make sure you take an expert. This





- may not be an easy hike to plan, but if done properly, the boys can learn a lot about their environment.
- 7. Tracking Hike: Take a hike and see if you can identify what animals are nearby by looking at the tracks they leave behind.
- 8. Treasure Hike: Make a hike out of a treasure hunt.
- 9. Mystery Hike: This is an "unplanned hike" with the destination unknown before the hike begins. Flip a coin to decide which way to go.
- 10. Signal Hike: Have someone signal to the hikers which way to go, and have the hikers decipher the signals.
- 11. Knot Hike: Go on a hike and find ways to use all of the most important knots along the way.
- 12. Flapjack Hike: Have each hiker bring one ingredient for pancakes and hike to a campsite where you can all have a feast.
- 13. Historical Hike: Take a hike through a historical area. Philadelphia has a lot to offer for this kind of hike.
- 14. Fathers' and Sons' or Mothers' and Sons' Hike: Of course when hiking with Cub Scouts, you should always have at least one parent along with their son.
- 15. Ten Mile Hikes: This is the last kind of hike listed in the Patrol Leaders Handbook of 1953. Of course ten miles is probably too much for a younger Cub Scout, but a Webelos Scout might be able to accomplish this feat.

Of course, these are just some examples of the kinds of hikes you can take. Mix and match, or use your imagination to create your own kind of hike. Another good resource for ideas is the Cub Scout Leader Book.

The remainder of this packet consists of materials that will help you to plan a successful hike for a Cub Scout aged group. You should use your own judgment when deciding if a particular hike will be appropriate for your group.





Public Hiking Trails Suitable for Cub Scouts



Mark H. Morris Den Leader Pack 2, Downingtown



The first part of this packet will include information regarding public access trails which are suitable for use by boys of Cub Scout age. Many of these trails are part of a larger network of trails which is rapidly spreading throughout Chester County and indeed throughout much of Southeastern Pennsylvania. Most of the trails are sponsored and maintained by local government groups and many are inside local, county, state, and federal parkland. These trails are generally well maintained and offer a wide variety of difficulty levels. I have selected several of these trails for myself and my Cub Scout aged son to hike and photograph. Following that, I will include information and links on additional trails.





Trail #1: The R.G. Struble Hike-Bike Trail.

http://dsf.chesco.org/ccparks/cwp/view.asp?a=1552&q=621757&ccparksNav=|34759|

The Struble trail is located in Downingtown, PA. It is still under construction, but upon completion, it will be approximately 15 miles long. The portion of the trail that is complete is about 3 miles long, but the hike is six miles due to the fact that there is only parking at one end. The trail is accessible to hikers, bikers, and is wheelchair accessible. Horses are not allowed.







Trail #2: Joseph Plumb Martin Trail - Valley Forge National Historic Park.

http://www.nps.gov/vafo/planyourvisit/hikingtrails.htm



Today, Valley Forge's green fields and woods are surrounded by highways, high rises, and suburban congestion. Cyclists, joggers, and tourists flock year-round to the beautiful park, where a six-mile paved bicycle path allows cyclists to tour the park at a leisurely pace. You'll get a feel for the rolling terrain as you pedal up and down the gentle hills past reconstructed log huts where General Peter Muhlenberg's brigade anchored the camp's outer line of defense. The imposing National Memorial Arch, Artillery park, and General Varnum's quarters are other sights you'll see. Start hiking on the multi-use path between the parking lot and the visitor's center, going up the short hill. Follow signs for the Auto Tour. This hike is 7.6 miles round trip, but it can be broken up by having cars waiting at alternate parking lots.

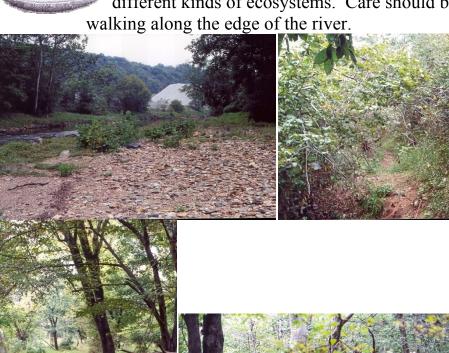




Trail #3: Horseshoe Scout Reservation Trails.

Chester County Council's Horseshoe Scout Reservation offers a number of trails of varying degrees of difficulty.

The Nature Trail is 1.5 miles long. It is a pleasant hike through several different areas of the camp, showing different kinds of ecosystems. Care should be taken when







Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-180

Other Horseshoe Scout Reservation trails, which are longer, include the Red trail, the Yellow trail, and the Blue trail. Segments to wear around the Camp Horseshoe patch can be earned for these.









Mark H. Morris Den Leader Pack 2, Downingtown



Links to other trails, parks and organizations.

Trails of Hibernia County Park:

http://dsf.chesco.org/ccparks/cwp/view.asp?a=1552&Q=610991&ccparksNav=|34759|34737|

Trails of Nottingham County Park:

http://dsf.chesco.org/ccparks/cwp/view.asp?a=1552&q=616024&ccparksNav=|34759|34737|

Trails of Warwick County Park:

http://dsf.chesco.org/ccparks/cwp/view.asp?a=1552&q=616031&ccparksNav=|34759|34737|

Trails of Springton Manor Farm:

http://dsf.chesco.org/ccparks/cwp/view.asp?a=1552&q=616038&ccparksNav=|34759|34737|

Black Rock Sanctuary:

http://dsf.chesco.org/ccparks/cwp/view.asp?a=1550&q=616465

Pennsylvania Department of Conservation and Natural Resources:

http://www.dcnr.state.pa.us/stateparks/recreation/trailheads.aspx

Lancaster County Parks and Trails:

http://www.co.lancaster.pa.us/parks/cwp/view.asp?a=676&q=520523

Cecil County, Maryland Parks and Trails:

http://www.seececil.org/stateprk.html

Montgomery County, PA Parks and Trails:

http://www.montcopa.org/parks/

Delaware State Parks:

http://www.destateparks.com/greenway/trailguides/guides.htm

Newcastle County, DE Parks and walking trails:

http://www.co.new-castle.de.us/nccparks/home/webpage1.asp

Other Hiking Resources:

http://pavisnet.com/hiking

http://membrane.com/philanet/Real Estate/Chester County/recreate.html

http://www.hikewithyourdog.com/CCCHC.html

http://www.traillink.com/TL Active Pages/TrailSearch/default.asp

http://www.linkpendium.com/hiking/USA/PA/Chester/

http://www.linkpendium.com/hiking/USA/PA/

http://railtrails.tranguard.com/short.asp?tgs=418120:19766816&cart_id=&item_id=19

http://www.traillink.com/

http://www.dnr.state.md.us/greenways/counties/cecil.html

http://www.linkpendium.com/hiking/USA/

http://nationstrails.com/trails/trails-PA.html

http://nationstrails.com/trails/trails-MD.html

http://nationstrails.com/trails/trails-NJ.html

http://www.ava.org/index.htm

http://www.dcnr.state.pa.us/stateparks/parks/marshcreek.aspx

http://www.dcnr.state.pa.us/stateparks/index.aspx

http://www.localhikes.com/Default.asp?MSA=ALL

http://www.mountaintravelguide.com/Pennsylvania/chester/Hiking/ChesterHikingTrails.htm

http://www.mountaintravelguide.com/Pennsylvania/Pennsylvania.htm



Mark H. Morris Den Leader Pack 2, Downingtown



http://www.trails.com/

http://www.hikewithyourdog.com/ParksoftheMonth/Jan2002.html

http://gorp.away.com/index.html

http://www.bsafieldbook.org/fieldbook.jsp?c=15 http://www.gophila.com/C/Things_to_Do/211/Itineraries_and_Tours/428/Itineraries/429/I/Historic_Fun/14.html





Historic Trail Awards that can be earned by Cub Scouts



Mark H. Morris Den Leader Pack 2, Downingtown



The second part of this packet will include information regarding Historic trails which are suitable for use by boys of Cub Scout age. These trails are often planned out and maintained by local organizations and sponsored by the Boy Scouts. These trails usually incorporate other public access trails and roads. There is often a questionnaire to be filled out during the hike. A medal and/or patch is often available to the participant upon completion. Historic trails also offer a wide variety of difficulty levels. I have selected several of these trails for myself and my Wolf den to hike and photograph. Following that, I will include information and links on additional trails. Completion and order forms and complete requirement listings for Historic Trail awards are sold by the various organizations which sponsor them so I cannot include that information here. I will include information on obtaining the guides and forms.









A guide book which includes directions, a questionnaire and order form is available for purchase at the store located in the Park Visitor Center. A compass is also necessary for the completion of this trail.

The Valley Forge Historic Trail is a nine mile hike, but it is easily separated into two 4.5 mile trips. Starting at the Visitor Center, the first 4.5 miles ends at George Washington's Headquarters. The second 4.5 miles loops back around to the Visitor Center. Parking is available at both locations. For a younger den, make this a two part trip. Have some cars parked at the midway point and transport your den back to the start point. Do the same in reverse for the second half of the trail, starting at Washington's Quarters and finishing up at the Visitor Center. This trail is best hiked in late fall or early spring due to the fact that much of the trail is through fields and the grass is very tall.



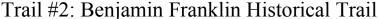
Mark H. Morris Den Leader Pack 2, Downingtown





Page 22 of 95







A guide pamphlet which includes directions, a questionnaire and order form are available at http://www.thecarolinatrader.com/trails.htm or by contacting

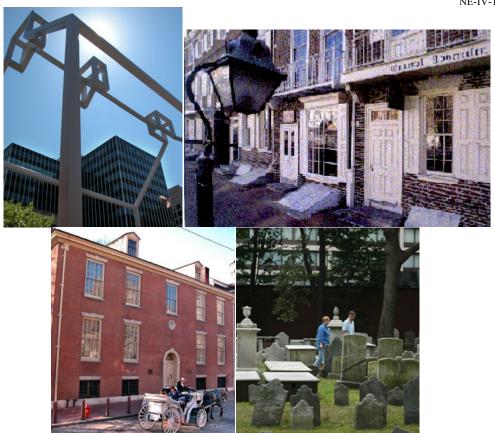
American Historical Trails, Inc. P.O. Box 769 Monroe, NC 28111-0769 704-289-1604

The Benjamin Franklin Historical Trail takes hikers to places and events important in the life of Benjamin Franklin. There are three routes, each of different length. Choose your route based on the age and skill of you hikers. Route A 4.5 miles, Route B 7.5 miles, Route C 8.3 miles (each route ends 1.5 blocks from the start). The trail begins at the reconstructed Franklin Court, Benjamin Franklin's home in Philadelphia. It winds through the historic area bounded by 2nd, Pine, 9th and New Sts.



Mark H. Morris Den Leader Pack 2, Downingtown





Page 24 of 95

Mark H. Morris Den Leader Pack 2, Downingtown



What follows is a listing of Historic Trails located throughout the area, from Washington DC up to New York. Many of these trails are suitable for use by Cub Scouts. I will leave it up to you to decide. I have tried to provide the most up to date contact information for each trail, however, this is subject to change without notice.

DELAWARE

CAESAR RODNEY HISTORIC TRAIL

Location: Dover, DE

Theme: The life and times of Caesar Rodney, a signer of

the Declaration of Independence

Sponsor: Del-Mar-Va Council, BSA

801 N. Washington St.

Wilmington, DE 19801-1597

(302) 652-3741, (302) 622-3300 or (800) 766-7268 http://nentego.delmarvacouncil.org/htcomm.htm

Length: 11 miles (straight)

Route: The trail begins at the site of Byfield, Rodney's ancestral

> home, goes north on SR 9, west on South Little Creek Rd., and winds through the streets of downtown Dover to end at

the Delaware State Museum.

Terrain: City streets and rural paved roads

Cycling: **Appropriate**

Awards: Medal \$5.50; Patch \$1.50

Submit: Completed 21-item questionnaire stamped by museum clerk.











A HOUSE DIVIDED HISTORIC TRAIL AWARD

Location: Del Mar Va peninsula

Theme: The purpose of this award is to recognize Scouts

who participate in activities designed to heighten their awareness of the role of the Del Mar Va Peninsula and its inhabitants in the American

Civil War.

Sponsor: The Civil War Round Table of Wilmington, Inc. in conjunction with The

Del Mar Va Council, B.S.A.

http://nentego.delmarvacouncil.org/htcomm.htm

Length: No length, on-sight visitation required.

Route: Site Visitation - To complete this activity Scouts must visit a historic site

located on the Del Mar Va Peninsula connected with the American Civil

War.

Cemetery Survey - To complete this activity Scouts need to locate a local

cemetery appropriate in age to be the final resting place for Civil War

Veterans.

Interpretive History - After researching various aspects of a soldiers life such as uniforms, food, shelter, weapons, recreational activities, etc. Scouts are to participate in an activity recreating one that might have occurred during the Civil War such as a unit camping trip recreating a

Civil War bivouac.

Awards: Patches and medals are available through the Trading Post at the Del Mar

Va council office.

Submit: Scouts and Leaders who complete one of the three activities outlined

above, and file a completed report form for that activity with the Camping Service, are eligible to wear the "A House Divided Historic Trail" patch. Completion of any two activities as verified by the submitted report forms

are eligible for the "A House Divided Historic Trails" medal.



26 05

Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-180

THE WASHINGTON-ROCHAMBEAU REVOLUTIONARY ROUTE IN DELAWARE

Location: Delaware

Theme: Delaware's section (About twenty-five miles) of the

Washington-Rochambeau Revolutionary Route (W3R)

-- a 700-mile trail that runs through nine states.

Sponsor: The trail in Delaware was developed and is maintained

by the Order of the Arrow's Nentego Lodge #20 -- sponsored by the Del Mar Va Council, Boy Scouts of

America.

http://nentego.delmarvacouncil.org/htcomm.htm

Length: Two five-mile hikes, either of which may be taken to earn the Delaware

W3R trail patch.

Route: The hiking requirement for the historical trail patch may be satisfied by

following either of these two five-mile sections:

A -- from the Brandywine Village (mile 7) to Newport (mile 12) B -- from the port of Christiana (mile 18.5) to Iron Hill (mile 23.5)

Terrain: Roads

Awards: Patch \$3.50

Submit: Questionnaire and order form signed by unit leader and stamped with the

W3R stamp by the Historical Society of Delaware.



1780-1783
Washington-Rochambeau
Revolutionary Route

Mark H. Morris Den Leader Pack 2, Downingtown



OTHER DELAWARE HIKING AWARDS

DELAWARE STATE PARK TRAIL AWARD – For completion of designated trails in 8 state parks within 1 year.

Sponsor: DNREC – Trail Challenge

Division of Parks and Recreation

89 Kings Hwy. P.O. Box 1401 Dover, DE 19903.

http://www.destateparks.com/Activities/trails/challenge.htm

Award: Patch.



Mark H. Morris Den Leader Pack 2, Downingtown



DISTRICT OF COLUMBIA

LINCOLN PILGRIMAGE TRAIL

Location: Washington, DC

Theme: Places and events related to Abraham Lincoln

Sponsor: American Historical Trails, Inc.

P.O. Box 769

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339,

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: Route A - 7.5 miles (both routes end about

Route B - 11.5 miles 2 miles from the start)

Route: The trail begins at Ford's Theatre, circles the White House,

and heads east to end at the Capitol (Route A), or continues on from there to end at the Lincoln Memorial (Route B).

Terrain: City streets

Cycling: Appropriate, but there are several portions inside buildings

Awards: Medal \$6.00; Patch \$2.25

Submit: Completed 50-item questionnaire







Mark H. Morris Den Leader Pack 2, Downingtown



NATIONAL CAPITAL BICENTENNIAL TRAIL OF FREEDOM

Location: Washington, DC

Theme: Revolutionary War era history

Sponsor: American Historical Trails, Inc.

P.O. Box 769,

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: Route A - 6.5 miles (all routes end about

Route B - 7.2 miles 1 mile from the start)

Route C - 9.5 miles

Route: The trail begins at the National Museum of American History, proceeds

east to the Capitol, and west to end at the National Portrait Gallery (Route A) or Lafayette Park (Route B), or then south to the John Paul Jones

Memorial (Route C).

Terrain: City streets

Cycling: Appropriate, but there are several portions inside buildings

Awards: Medal \$6.00; National Patch \$2.25; Washington Patch \$2.25

Submit: Completed 75-item questionnaire







Mark H. Morris Den Leader Pack 2, Downingtown



NATIONAL CAPITAL LINCOLN TRAIL

Location: Washington, DC

Theme: Places and events related to Abraham Lincoln

Sponsor: American Historical Trails, Inc.

P.O. Box 769,

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: 8-11 miles (straight)

The trail begins at Ford's Theatre, and passes the White House and Route:

Lincoln Memorial before following Rock Creek Park and ending at the

Battleground Cemetery at Georgia Ave. and Van Buren St.

Terrain: City streets, footpath in Rock Creek Park

Cycling: Appropriate

Awards: Patch \$2.00

Submit: Completed 5-item questionnaire



Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-180

THE PRESIDENT'S TRAIL

Location: Washington, DC

Theme: Places and events related to the presidents

of the U.S.

Sponsor: American Historical Trails, Inc.

P.O. Box 769,

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: Route A - 8 miles (all routes end

Route: The trail begins at the White House, goes east around the

Capitol, then west to end at the Washington Monument

(Route A), Jefferson Memorial (Route B), or the Lincoln Memorial (Route

C).

Terrain: City streets

Cycling: Appropriate, but there are several portions inside buildings

Awards: Medal \$6.00; Patch \$2.25

Submit: Completed 40-item questionnaire.









Mark H. Morris Den Leader Pack 2, Downingtown



THE MONUMENTS OF OUR NATION'S CAPITAL TRAIL

Location: Washington, DC

Theme: Visit 55 sites on or close to the National Mall.

Sponsor: For information on the trail or the guidebook,

contact tmoonct@yahoo.com.

Length: 10 miles

Route: A loop that officially begins and ends at the Ellipse (also known as

President's Park South, between the White House and the Washington Monument at 17th Street and Constitution Avenue, NW) but that can be started and finished at any point. The route extends to the Capitol Building in the east, the Lincoln Memorial in the west, the Jefferson Memorial in the south, and two blocks beyond the White House in the

north.

Terrain: City Streets

Awards: Patch



OUR NATIONAL CANADA

Mark H. Morris Den Leader Pack 2, Downingtown



MARYLAND

ANTIETAM BATTLEFIELD HISTORIC TRAIL

Location: Sharpsburg, MD

Theme: Bloodiest day in the Civil War – September

17, 1862

Sponsor: Mason-Dixon Council, BSA

18600 Crestwood Dr.

P.O. Box 2133

Hagerstown, MD 21742-2133

(301) 739-1211

http://www.mason-dixon-bsa.org/awards/trails.html

Length: 10.5 miles (loop)

Route: The trail begins and ends at either the Visitors Center or the Rohrbach

Camping Area.

Terrain: Most of the trail is paved roads, with some dirt paths

Cycling: Appropriate on the road portions only

Awards: Patch \$2.00

Submit: Group leader's certification of completion

Register: Check in at visitor center





Mark H. Morris Den Leader Pack 2, Downingtown



APPALACHIAN TRAIL

Location: Franklin County, PA and Washington County, MD

Theme: Recreation

Sponsor: Mason-Dixon Council, BSA

18600 Crestwood Dr.

P.O. Box 2133

Hagerstown, MD 21742-2133

(301) 739-1211

http://www.mason-dixon-bsa.org/awards/trails.html

Length: 44 miles (straight)

Route: The trail begins at the Potomac River in Maryland and runs northward to

Camp Penn, just northeast of Waynesboro, Pennsylvania.

Terrain: Mountain ridges

Awards: Patch \$2.00

Submit: Group leader's certification of completion

Register: In advance





Mark H. Morris Den Leader Pack 2, Downingtown



C & O CANAL HISTORICAL TRAIL

Location: Hancock to Sandy Hook, MD

Theme: Route of Chesapeake and Ohio

Canal

Sponsor: Mason-Dixon Council, BSA

18600 Crestwood Dr.

P.O. Box 2133

Hagerstown, MD 21742-2133

(301) 739-1211

http://www.mason-dixon-bsa.org/awards/trails.html;

for other segments contact:

National Capital Area Council, BSA

9190 Rockville Pike

Bethesda, MD 20814-3897

(301) 530-9360, fax (301) 564-9513

http://www.boyscouts-ncac.org;

or: Baltimore Area Council, BSA

701 Wyman Park Dr.

Baltimore, MD 21211-2899

(443) 573-2500, fax (443) 573-2600

http://www.baltimorebsa.org

Length: 184.5 miles (straight)

Route: The segment of the trail qualifying one for one award is the 64-mile

Crossed Flags Segment which runs from Hancock to Sandy Hook.

Terrain: Canal towpath and roads

Cycling: Appropriate, and so is canoeing

Awards: Patch \$2.00; 5 Segments \$0.80 each; Medal for completion of 184.5 miles

\$4.50; Barge Pin for completing 184.5 miles twice \$1.25

Submit: Group leader's certification of completion

Register: In advance







Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-180

FORBES ROAD TRAIL

FORBES ROAD TRAIL

Location: Near McConnellsburg, PA

Theme: Route of overland trail first cleared by

British general John Forbes during the

French and Indian War

Sponsor: Mason-Dixon Council, BSA

18600 Crestwood Dr.

P.O. Box 2133

Hagerstown, MD 21742-2133

(301) 739-1211

http://www.mason-dixon-bsa.org/awards/trails.html

Length: 28 miles (straight)

Route: The trail begins at Cowan's Gap State Park and ends at Hill Mountain,

near the Bedford County line.

Terrain: Woods

Cycling: Not recommended

Awards: Patch \$1.50; Medal \$2.25 for completing this trail and the Antietam

Battlefield Historic Trail, the Maryland portion of the Appalachian Trail,

and the C & O Canal Historical Trail

Submit: Group leader's certification of completion

Register: In advance



Mark H. Morris Den Leader Pack 2, Downingtown



MASON-DIXON COUNCIL HISTORIC TRAILS AWARD

Medal \$2.25 for completing the Crossed

Flags Segment of the C & O Historical Trail, the Antietam Battlefield Historic Trail, the Maryland portion of the Appalachian Trail, and the Forbes Road Trail as described above.





Sponsor: Mason-Dixon Council, BSA

18600 Crestwood Dr.

P.O. Box 2133

Hagerstown, MD 21742-2133

(301) 739-1211

http://www.mason-dixon-bsa.org/awards/trails.html



Mark H. Morris Den Leader Pack 2, Downingtown



NF-IV-180

THE BATTLE OF BLADENSBURG AND THE STAR SPANGLED BANNER TRAIL

Location: Benedict to Bladensburg, MD

Theme: Battle of August 24, 1814

Sponsor: American Historical Trails, Inc.

P.O. Box 769,

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: 53 miles (straight) – This was formerly a walking or biking

trail, but the present sponsor recommends driving instead,

stopping at the various sites

Route: The trail begins in Benedict, MD, and goes to Nottingham

and St. Thomas Church, Upper Marlboro, Melwood Park,

and ends at Lincoln Cemetery in Bladensburg.

Terrain: Paved roads

Cycling: Appropriate, can also be driven

Awards: Medal \$6.50; Patch \$2.25

Submit: Completion of 8-item questionnaire









Mark H. Morris Den Leader Pack 2, Downingtown



COLONIAL ANNAPOLIS HISTORICAL TRAIL

Location: Annapolis, MD

Theme: Local history

Sponsor: American Historical Trails, Inc.

P.O. Box 769,

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Lengths: Route A 7 miles (straight)

Route B 11 miles (straight) Route C 14.5 miles (straight)

Route: The trail begins at the parking lot behind the Maryland Department of

Natural Resources at Taylor Ave., winds through Annapolis, and ends at the Hammond-Harwood House (Route A), Stewart-Stone House (Route

B), or the Quynn-Brewer House (Route C).

Terrain: City streets

Cycling: Appropriate

Awards: Medal \$6.00; Patch \$2.25

Submit: Completed 50-item questionnaire



Mark H. Morris Den Leader Pack 2, Downingtown



NE IV 19

DEFENDERS TRAIL

Location: Dendalk, MD

Theme: Battle of Northpoint – September, 1814

Sponsor: Dundalk-Patapsco Neck Historical

Society 4 Center Pl. P.O. Box 21781 Dundalk, MD 21222 (410) 284-2331

http://www.museumsusa.org/data/ museums/MD/177468.htm http://www.dnr.state.md.us/publiclands/central/northpoint.html

Length: 10 miles (straight)

Route: The trail begins at the Fort Howard Historic Marker and ends at North

Point Shopping Center.

Terrain: Paved road

Cycling: Appropriate

Awards: Patch \$1.50



Mark H. Morris Den Leader Pack 2, Downingtown



NEW JERSEY

APPALACHIAN TRAIL EXPERIENCE

Location: Blairstown, NJ

Theme: Recreation

Sponsor: Central New Jersey Council, BSA

4315 US 1

Monmouth Junction, NJ 08852-1903

(609) 419-1600, fax (609) 419-4188 or (609)

419-9425

http://www.cnjcbsa.org/app trail.shtml

Length: 21 miles (straight)

Route: The section of the Appalachian Trail which must be hiked, in either

direction, stretches from Kittatinny Mountain Scout Reservation and

Yards Creek Scout Reservation.

Terrain: Woods

Cycling: Not allowed

Awards: Patch



Mark H. Morris Den Leader Pack 2, Downingtown

BATTLE OF MONMOUTH HISTORIC TRAIL

Location: Englishtown to Freehold, NJ

Theme: Battle of Monmouth – June 28, 1778

Sponsor: Monmouth Council, BSA

705 Ginesi Dr.

Morganville, NJ 07751

(732) 536-2347, fax (732) 536-2850

http://www.natsihi.org/c/trail/bomtrail.shtml

Length: 11 miles (straight)

Route: The trail starts at Quail Hill Scout Reservation

Lawrence Training Center and ends in Freehold.

Terrain: Woods

Cycling: Not recommended

Awards: Medal \$6.00; Patch \$5.00; Mug \$5.00

Submit: Completed 18-item questionnaire

Register: Two weeks in advance







Page 43 of 95



Mark H. Morris Den Leader Pack 2, Downingtown



CAPTAIN JOSHUA HUDDY REVOLUTIONARY TRAIL

Location: Toms River, NJ

Theme: Captain Joshua Huddy, Revolutionary War hero

Sponsor: Jersey Shore Council, BSA

1518 Ridgeway Rd.

Toms River, NJ 08755-4072

(732) 349-1037, fax (732) 349-8093 http://www.jerseyshore-bsa.org

Length: 7 miles (loop)

Route: The trail begins at the BSA Service Center on Indian Hill Rd., and heads

south to Huddy Park, and returns to the start.

Terrain: Roads

Cycling: Appropriate

Awards: Medal \$9.00; Patch \$2.00

Submit: Completed 23-item questionnaire

Register: Two weeks in advance

Mark H. Morris Den Leader Pack 2, Downingtown



NF-IV-180

COOPER RIVER HISTORICAL TRAIL

Location: Camden County, NJ

Theme: Cooper River, a tributary of the Delaware

River

Sponsor: American Historical Trails, Inc.

P.O. Box 769,

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: 12.0 miles (straight)

Route: The trail begins at Pomona Hall on Park Blvd. and

Euclid Ave. in Camden. It ends at the Barclay

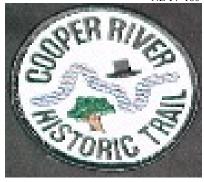
Farmstead in Cherry Hill.

Terrain: Sidewalks and roads

Cycling: Appropriate

Awards: Medal \$6.50; Patch \$2.25

Submit: 23-item questionnaire





Mark H. Morris Den Leader Pack 2, Downingtown



HISTORY OF THE GLEN TRAIL

Location: Camp Glen Gray, Mahwah, NJ

Theme: Recreation

Sponsor: Camp Glen Gray

200 Midvale Mountain Rd.

Mahwah, NJ 07430 (201) 327-7234

http://www.glengray.org/trails.html

Length: 9.8 miles (loop)

Route: The trail begins near the Camp Office and Trading Post on

the Red Card Trail, heads north and west along the Teepee Trail, crosses the Cannonball Road and Trail, heads south parallel to the Midvale-Suffern Trail, east along the Old Guard Trail, then south on the Cannonball Road and through the camp to the end at the Trading Post.

Mountainous woods Terrain:

Cycling: Not allowed

Awards: Medal; Patch

Submit: 19-item questionnaire

Register: A fee of \$1 per hiker is required at the start of the hike to cover the cost of

the trail package.







Mark H. Morris Den Leader Pack 2, Downingtown



MILLSTONE TRAIL

Location: Camp Glen Gray, Mahwah, NJ

Theme: Recreation

Sponsor: Camp Glen Gray

200 Midvale Mountain Rd.

Mahwah, NJ 07430 (201) 327-7234

http://www.glengray.org/trails.html

Length: 2 miles

Route: Despite its shorter length, there is some interesting

terrain to traverse. It runs along Millstone Hill, the ridge separating Camp Glen Gray from former Boy Scout

Camp Tamarack. Hikers will see a hidden pond, Rattlesnake Cave, a cactus garden, a southeast

viewpoint and a collection of abandoned millstones in

various stages of carving. Bring a trail lunch as there are several nice

places to stop, rest and eat.

Terrain: Mountainous woods

Cycling: Not allowed

Awards: Patch

Submit: Questionnaire

Register: The guide is available at the Trading Post prior to the hike.

Mark H. Morris Den Leader Pack 2, Downingtown



HUNTERDON COUNTY PARK TRAIL

Location: Tewksbury and High Bridge, NJ

Theme: Recreation

Sponsor: Troop 149

8 Robin Ln.

High Bridge, NJ 08829

http://www.cnjc-bsa.org/camp/hikes/ctrail/index.htm

Length: 7 miles (straight)

Route: The trail, formerly known as the Hunterdon County segment of the High

Ridge branch of the New Jersey Central Railroad, runs from Tewksbury to High Bridge. Access points are across from the High Bridge library on Main St., or in Tewksbury at Vernoy Rd. and the South Branch of the

Raritan River.

Terrain: Well-kept trail

Cycling: Encouraged

Awards: Hiking stick shield \$3.00



BRANCH RESERVATION COLUMBIA TRAIL HIGH BRIGGI TROOP 149 1997 7 MILE AWARD

Mark H. Morris Den Leader Pack 2, Downingtown

NEW ALT

NE IV 19

JOCKEY HOLLOW TRAIL

Location: Gladston to Morristown, NJ

Theme: Recreation

Sponsor: Patriots' Path Council, BSA

222 Columbia Turnpike Florham Park, NJ 07932

(973) 765-9322, fax (973) 765-9142

Cub Scout Trail -

http://www.ppbsa.org/cou/couwb04.htm

Boy Scout Trail - http://www.ppbsa.org/cou/couwb03.htm

Length: Cub Scout Trail - 3 miles (loop)

Boy Scout Trail - ~10 miles (straight)

Route: The trail begins at the corner of SR 512 and Mendham Rd. in Gladstone

and ends at the Ford Mansion and Historical Museum in Morristown.

Terrain: Country roads

Cycling: Appropriate

Awards: Cub Scout Trail Patch \$250

Boy Scout Trail Medal \$8.00

Submit: Cub Scout Trail - completed passport.

Boy Scout Trail - Essay on Revolutionary War topic and stamped

credential card

Register: At least 2 weeks in advance

Mark H. Morris Den Leader Pack 2, Downingtown



NEW YORK

NIAGARA FRONTIER FAMILY TRAIL

Location: Youngstown to Buffalo, NY

Theme: Local history

Sponsor: Greater Niagara Frontier Council, BSA

2860 Genesee Street Buffalo, NY 14225-2601

(716) 891-4073, fax (716) 891-4008

http://www.gnfc-

bsa.org/index.php?submenu=NiagaraFrontierTrailMeda

1&src=gendocs&link=NiagaraFrontierTrailMedal&category=Resources

Length: 30 miles (straight)

Route: The Niagara Frontier Family Trail is a unique program, centered around a

two day experience that includes a 30 mile motor tour of many of the historical highlights of the area, with specific activities along the way and follow-up projects afterward. Upon completion, each participant — Scout or not, young or old —is eligible to receive the trail medal. This program can be completed at any time during the year, however, it is strongly urged that it be attempted between April 1st and October 31st, as some of the

sites maintain seasonal closing periods.

The "Trail" begins at Old Fort Niagara National Historic Landmark (Youngstown) and proceeds to the New York Power Vista (Lewiston), the Niagara Gorge Discovery Center (Niagara Falls), Niagara Reservation State Park and the mighty Falls of Niagara (Niagara Falls), the Buffalo & Erie County Historical Society Museum (Buffalo), the Theodore

Roosevelt Inaugural National Historic Site (Buffalo), and concludes at the

Buffalo & Erie County Naval & Military Park (Buffalo).

Terrain: Roads

Cycling: Appropriate, but this is intended to be done by car

Awards: Medal \$4.50



Mark H. Morris Den Leader Pack 2, Downingtown



THE OLD NEW YORK HISTORICAL TRAIL

Location: New York City, NY

Theme: Local history

Sponsor: Historical Trail Committee

Man-A-Hattin Lodge 82, W.W.W.

Patricia Bain - Advisor pbain@bsa-gnyc.org http://www.man-a-

hattin.org/historical trails.htm

Length: 5.3 miles (straight)

Route: The trail begins at the main gate of the Saint Mark's-in-the-Bowerie

Church, winds through Manhattan, and ends at the Brooklyn Bridge, with

one of the three listed side trips required for awards.

Terrain: City streets

Awards: Patch

Submit: Completed 11-item questionnaire.



Mark H. Morris Den Leader Pack 2, Downingtown



THE REVOLUTIONARY WAR HISTORICAL TRAIL

Location: New York City, NY

Local history Theme:

Sponsor: Historical Trail Committee

Man-A-Hattin Lodge 82, W.W.W.

Patricia Bain - Advisor pbain@bsa-gnyc.org http://www.man-a-

hattin.org/historical trails.htm



Length:

Route: Located at the Northern tip of Manhattan in the Inwood-Washington

Heights area.

Terrain: City streets

Awards: Patch



Mark H. Morris Den Leader Pack 2, Downingtown



PENNSYLVANIA

THE BENJAMIN FRANKLIN HISTORICAL TRAIL

Location: Downtown Philadelphia, PA

Theme: Places and events important in the life of

Benjamin Franklin

Sponsor: American Historical Trails, Inc.

P.O. Box 769

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339,

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: Route A 4.5 miles

Route B 7.5 miles Route C 8.3 miles

(each route ends 1.5 blocks from the start)

Route: The trail begins at the reconstructed Franklin Court,

Benjamin Franklin's home in Philadelphia. It winds through the historic area bounded by 2nd, Pine, 9th and

New Sts.

Terrain: City streets and sidewalks

Cycling: Appropriate

Awards: Medal \$6.00; Patch \$2.25

Submit: Completed form with answers to 37 (Route A), 47 (Route B) or 50 (Route

C) questions about sites visited along the trail







Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-180

CARLISLE HISTORICAL TRAIL

Location: Carlisle, PA

Theme: Local history

Sponsor: American Historical Trails, Inc.

P.O. Box 769

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339,

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: Route A 4 miles (loop)

Route B 8 miles (loop) Route C 6 miles (loop)

Route: The trail begins and ends at Letort Park, and passes through

downtown Carlisle. The longer two routes also go through

Carlisle Army Barracks.

Terrain: City streets

Cycling: Appropriate

Awards: Medal \$6.00; Patch \$2.25

Submit: Completed 60-item questionnaire









Mark H. Morris Den Leader Pack 2, Downingtown



DELAWARE CANAL TRAIL

Location: Eastern PA

Theme: Recreation and history

Sponsor: Bucks County Council, BSA,

One Scout Way P.O. Box 797

Doylestown, PA 18901-4915

(215) 348-7205, fax (215) 348-7289 http://www.buckscountybsa.org

10-48 miles (straight)

Route: The trail follows the route of part of the

1831-1931 Delaware Canal.

Terrain: Towpath

Length:

Cycling: Appropriate, as is canoeing

Awards: Patch; Canoe, Hiker, Biker and End-to-End Segments

Submit: Group leader's certification of completion

Register: In advance





Mark H. Morris Den Leader Pack 2, Downingtown



NE IV 190

DELAWARE & LEHIGH CANAL TRAIL

Location: Hugh Moore Historical Park, Easton, PA

Theme: Canals

Sponsor: Hugh Moore Historical Park and

Museums

30 Centre Square P.O. Box 877

Easton, PA 18044-0877

(610) 559-6613

http://www.canals.org

Length: 12.5 miles (loop)

Route: The trail follows Lehigh Canal and the Lehigh River from Durham

Furnace at the junction of SRs 611 and 212, and ends at the Locktender's

House at Chain Dam and Guardlock #8 in Hugh Moore State Park.

Terrain: Paved and dirt paths

Cycling: Appropriate

Awards: Patch \$2.50



Mark H. Morris Den Leader Pack 2, Downingtown

GETTYSBURG HERITAGE TRAILS

Location: Gettysburg National Military Park, Gettysburg, PA

Theme: Civil War battle – July 1-3, 1863

Sponsor: York-Adams Area Council, BSA, 2139 White St., York, PA

17404, (717) 843-0901, fax (717) 845-6338,

http://www.yaac-bsa.org/activities/gettysburg/gettysburg.htm

Lengths: Billy Yank Trail 9.0 miles (loop)

Johnny Reb Trail 3.5 miles (loop)

Historic Gettysburg Trail 3.0 miles

Routes: The program includes a stop at the Visitor Center/National

Cemetery, two hiking trails through the battlefield at Gettysburg,

a walking tour of historic downtown Gettysburg and a tour of

the Eisenhower National Historic Site.

Terrain: Roads, paved and dirt roads

Cycling: Not recommended

Awards: The basic patch is awarded for completing the Visitor Center/National

Cemetery section. The Billy Yank and Johnny Reb side segments are awarded for those two trail hikes and the Historic Gettysburg patch is awarded for the completion of the guided walk, and the Eisenhower star patch is awarded for a visit to Eisenhower National Historic Site and

completion of that section.

Current prices for Gettysburg items are:

Main Gettysburg patch - \$2.25 each

Johnny Reb, Bill Yank, Eisenhower, and Historic Walk segments -

\$1.00 each

Plastic Patch Holder - \$1.00

Gettysburg Trail Medals - \$4.25 each

To receive the Trail Medal, Scouts must have completed the entire set of

requirements for each patch segment.

Submit: Group leader's certification of completion

Register: Upon arrival at Visitor Center







Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-18

HARRISBURG HISTORICAL TRAIL

Location: Downtown Harrisburg, PA

Theme: Historical places and events in the state capital

Sponsor: American Historical Trails, Inc.

P.O. Box 769

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339,

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: 6.0 miles (ends about 1 miles from the start)

Route: The trail begins at the parking lot on City Island, in the

middle of the Susquehanna River. It parallels the river for a while, and winds through streets with attractive

architecture.

Terrain: City streets

Cycling: Appropriate

Awards: Patch \$2.25

Submit: Completed 80-item questionnaire









Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-180

HORSE-SHOE TRAIL

Location: Southeastern PA

Theme: Recreation

Sponsor: Horse-Shoe Trail Club

P.O. Box 182

Birchrunville, PA 19421-0182

http://hstrail.org/

Length: 130 miles (straight)

Route: The trail begins at Valley Forge, heads westward roughly parallel to I-76,

then meets the Appalachian Trail near Hershey.

Terrain: Fields, forest and hills

Awards: Patch \$2.00



Mark H. Morris Den Leader Pack 2, Downingtown

LAUREL HIGHLANDS HIKING TRAIL

Location: Rockwood, PA

Theme: Recreation

Sponsor: Laurel Ridge State Park

> 1117 Jim Mountain Road Rockwood, PA 15557-8703

724-455-3744

Manager: Robert J. Hufman

E-mail: laurelridgesp@state.pa.us

http://www.dcnr.state.pa.us/stateparks/

parks/laurelridge.aspx

Length: 70 miles (straight)

Route: The trail is broken into 5 segments:

> Yough Gorge Miles 0-19 Forbes Road Miles 46-57 Roaring Run Miles 19-32 Conemaugh Gorge Miles 57-70

First Turnpike Miles 32-46

Terrain: Woods

Cycling: Not recommended

Awards: Patch \$1.50; 6 Segments \$1.00 each

Submit: No requirement

Register: Not required





Mark H. Morris Den Leader Pack 2, Downingtown



LOYALSOCK TRAIL

Location: Williamsport, PA

Theme: Recreation

Sponsor: Alpine Club Of Williamsport

P.O. Box 501

Williamsport, PA 17703 alpineclublt@comcast.net

http://www.lycoming.org/alpine

For Hike Information:

Ray Kozen 570.326.0133

rayk31744@comcast.net

For Merchandise Information:

Ruth Rode 570.322.5878

Length: 59.28 miles (straight)

Route: The trail begins on SR 87, 9 miles north of the SR 87/Montoursville exit

from I-180, and ends on US 220 about 3 miles north of Laporte.

Terrain: Mountain ridges and streams

Awards: Patch \$2.00; Blaze \$0.25; 35th Anniversary Pin \$3.00

Mark H. Morris Den Leader Pack 2, Downingtown



MINSI TRAILS COUNCIL HISTORIC TRAILS

Location: Lehigh Valley, PA

Theme: Colonial era history

Sponsor: Minsi Trails Council, BSA, P.O. Box 20624,

991 Postal Rd., Lehigh Valley, PA 18002-0624, (610) 264-8551, www.minsitrails.com

Lengths: Colonial Trail 12 miles

(straight)

Durham Trail
Industrial Heritage Trail
Moravian Trail
Nazareth Trail
Uncas Trail
12 miles (straight)
13 miles (loop)
14 miles (straight)
13 miles (loop)
12 miles (straight)
13.5 miles (straight)

Routes: The Colonial Trail runs from the Zufluchtshaus (Shelter

House) in Emmaus to Allentown. The Durham Trail runs from the Saugon Creek in Hellertown to the Durham Locks. The Industrial Heritage Trail is a loop in Northampton. The Moravian Trail runs from Bethlehem to Hellertown. The

Nazareth Trail is a loop in Nazareth. The Uncas Trail runs from the Uncas grave site in Bethlehem to Easton. The Sullivan-Wilderness Trail runs from the Learns Tavern in Tannersville to Camp

Minsi.

Terrain: Woods and roads Cycling: Not recommended

Awards: Medal \$9.00 (for hiking any 5); Sullivan-Wilderness Segment \$1.00; 6

other Segments \$0.60 each

Submit: Group leader's certification of completion

Register: In advance







Mark H. Morris Den Leader Pack 2, Downingtown



PHILADELPHIA BICENTENNIAL TRAIL OF FREEDOM

Location: Philadelphia, PA

Theme: Colonial era history

Sponsor: American Historical Trails, Inc.

P.O. Box 769

1902 Plyler Mill Rd. Monroe, NC 28111-0769

(704) 282-1339,

http://www.thecarolinatrader.com/trails.htm

Richard@thecarolinatrader.com

Length: Route A 5.25 miles (straight)

Route B 7 miles (loop)

Route C 7.75 miles (straight)

Route: The trail begins at the Visitor Center on Third and Chestnut Sts., does a

double loop through the city, and ends at Old St. Mary's Church (Route A), Philadelphia Exchange (Route B) or the Norris Row Site (Route C).

Terrain: City streets

Cycling: Appropriate

Awards: Medal \$6.00; U.S. Capitol Patch \$2.25; Statue of Freedom Patch \$2.25

Submit: Completed 75-item questionnaire





Mark H. Morris Den Leader Pack 2, Downingtown



SUSQUEHANNOCK TRAIL

Location: Coudersport, PA

Theme: Recreation

Sponsor: Susquehannock Trail Club

PO Box 643

Coudersport, PA 16915

Length: 85 miles (loop)

Route: The trail forms a loop which may be hiked in sections, in either direction.

Terrain: Old railroad grades, logging trails, roads and fire trails

Cycling: Not recommended

Awards: Brassard; Patch \$2.50

Submit: Hike log showing completion of entire circuit

Mark H. Morris Den Leader Pack 2, Downingtown



VALLEY FORGE HISTORICAL TRAIL

Location: Valley Forge National Historical Park, PA

Theme: Revolutionary War history

Sponsor: Cradle of Liberty Council, BSA

1485 Valley Forge Rd. Wayne, PA 19087 (610) 688-6900

http://www.colbsa.org

Length: 9 miles (loop) – Easily split into two 4.5 mile segments with parking at

both ends.

Route: The trail begins and ends at the Visitor Center. The trail involves some

basic compass skills.

Terrain: Open fields and trails

Awards: Medal \$8.00

Submit: Completed questionnaire

Register: Upon arrival at the Visitor Center. Guides available at gift shop.



NE-IV-18

Mark H. Morris Den Leader Pack 2, Downingtown



WASHINGTON CROSSING HISTORIC TRAIL

Location: Washington Crossing State Park, PA

Theme: Crossing of the Delaware River by George

Washington and his troops

Sponsor: Bucks County Council, BSA

One Scout Way

Doylestown, PA 18901

(610) 348-7205, fax (215) 348-7289 http://www.buckscountybsa.org

Length: 8.3 miles (loop)

Route: The route covers areas at and near the Washington

Crossing State Park.

Terrain: Woods

Awards: Medal; Patch

Submit: Group leader's certification of completion and 250-word essay

Register: In advance







Mark H. Morris Den Leader Pack 2, Downingtown



WILLIAM PENN TRAIL

Location: Morrisville, PA

Theme: Pennsbury Manor

Sponsor: Bucks County Council, BSA

One Scout Way

Doylestown, PA 18901

(610) 348-7205, fax (215) 348-7289 https://www.buckscountybsa.org

Length: 0.5 to 2 miles (loop)

Route: This is a compass course at Pennsbury

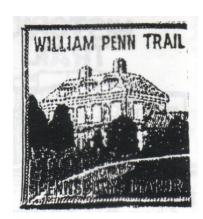
Manor.

Terrain: Woods and fields

Awards: Medal; Patch

Submit: Group leader's certification of completion

Register: In advance







Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-18

YORK CITY HISTORICAL TRAIL

Location: York, PA

Theme: Local history

Sponsor: York-Adams Area Council, BSA

2139 White St. York, PA 17404

(717) 843-0901, fax (717) 845-6338

http://www.yaac-bsa.org

Length: 4 miles (loop)

Route: The trail begins at the York County Court House and takes 3 loops, each

beginning and ending there.

Terrain: City streets

Cycling: Appropriate

Awards: Medal \$3.75; Patch \$1.50

Submit: Completed 50-item questionnaire





Mark H. Morris Den Leader Pack 2, Downingtown



OTHER PENNSYLVANIA AWARDS

Colonial Patriot Award – Trip to Washington Crossing or Valley Forge, seven-mile hike, 29-point Colonial Philadelphia tour, and an overnight stay at French Creek Park including a visit to Hopewell Village. Medal and certificate. 500-word essay required. Sponsored by Cradle of Liberty Council, BSA, 22nd & Winter Sts., Philadelphia, PA 19103-1085, (215) 988-9811, www.colbsa.org/marks.asp.

There are many other historic trails in Pennsylvania and across the country. Here are some links which will help you find one near you.

http://www.scouting.org/boyscouts/trails/

http://www.ava.org/natheritage.htm

http://www.scouting.org/forms/34408.pdf

http://www.nentego.org/htcomm.htm

http://www.scouter.com/compass/Where To Go/Trails/Historic/

http://www.scouting.org/boyscouts/trails/

http://www.thecarolinatrader.com/trails.htm

http://www.geocities.com/Yosemite/Rapids/8428/historic.html

 $\underline{http://www.yaac\text{-}bsa.org/activities/gettysburg/gettysburg.htm}$



Mark H. Morris Den Leader Pack 2, Downingtown



Advancement Opportunities and Additional Awards that can be earned by Cub Scouts which relate to hiking.



Mark H. Morris Den Leader Pack 2, Downingtown



The third part of this packet will include information regarding advancement and other awards boys of Cub Scout age can earn. Each rank within the Cub Scout program has many achievements and electives. Below you will find a listing of those which can be accomplished through creative uses of a hike. Also included are other BSA awards which can be earned through a hiking program. Finally, there are awards which youth can earn through organizations other than the BSA.



Mark H. Morris Den Leader Pack 2, Downingtown



a. Tiger Cub Achievements

- i. 1g Go to a library, historical society, museum, old farm, or historical building, or visit an older person in your community. Discover how family life was the same and how it was different many years ago.
- ii. 5g Take a hike with your den.

b. Tiger Cub Electives

- i. 33 Cleanup Treasure Hunt
- ii. 37 Take a Bicycle Ride
- iii. 42 Fun at the Zoo

c. Wolf Achievements

- i. 4f Visit an important place in your community, such as a historic or government location. Explain why it is important.
- ii. 7d With an adult, pick up litter in your neighborhood. Wear gloves to protect your hands against germs and cuts from sharp objects.
- iii. 9d Practice good rules of street and road safety.
- iv. 10c Plan a walk. Go to a park or a wooded area, or visit a zoo or museum with your family.

d. Wolf Electives

- i. 18b With an adult, help plan and run a family or den outing.
- ii. 18c Help plan and lay out a treasure hunt something like this.
- iii. 18e Help plan and lay out an adventure trail.
- iv. 18f Take part in two summertime pack events with your den.
- v. 23a Participate with your pack on an overnight campout.

e. Bear Achievements

- i. 10a Go on a day trip or evening out with members of your family.
- ii. 12b Go on a hike with your family.

f. Bear Electives

- i. 15c Visit a burned-out forest or prairie area, or a slide area, with your den or your family. Talk to a soil and water conservation officer or forest ranger about how the area will be planted and cared for so that it will grow to be the way it was before the fire or slide.
- ii. 15e As a den, visit a lake, stream, river, or ocean (whichever is nearest where you live). Plan and do a den project to help clean up this important source of water. Name four kinds of water pollution.



Mark H. Morris Den Leader Pack 2, Downingtown



NE-IV-180

iii. 25b - Go on a short hike with your den, following the buddy system. Explain how the buddy system works and why it is important to you to follow it. Tell what to do if you are lost.

g. Webelos

i. 7c - Explain and agree to follow the Outdoor Code.

As an American, I will do my best to:

- Be clean in my outdoor manners
- Be careful with fire
- Be considerate in the outdoors, and
- Be conservation minded.
- ii. Geologist 8 Take a field trip to a geological site, geological laboratory, or rock show. Discuss what you learned at your next Webelos den meeting.
- iii. Naturalist 4 Visit a museum of natural history, nature center, or zoo with your family, Webelos den, or pack. Tell what you saw.
- iv. Naturalist 12 Look around your neighborhood and identify how litter might be dangerous to the birds and other animals. Clean up the litter. Identify what else you might do to make your neighborhood safer for animals.
- v. Outdoorsman 6 Participate in an outdoor conservation project with your Webelos den or a Boy Scout troop.

h. Other advancement opportunities

- i. Wildlife Academics Pin 7 Visit with a person who works in wildlife conservation, such as a park ranger, biologist, range manager, geologist, horticulturist, zookeeper, fishery technician, or conservation officer.
- ii. Wildlife Academics Pin 8 Visit a state park or national park.
- iii. Bicycling Sports Pin 7 Go on a "bicycle hike" with your family or den. Obey traffic rules related to bicycling.





Earning the Cub Scout World Conservation Award

The Cub Scout version of the badge consists of a giant panda on violet Scout trefoil, violet trim, gold background (No. 00139). The two-inch embroidered emblem is worn as temporary patch, centered on right pocket. This award can be earned only once while you are a Cub Scout. Requirements mandate participation in a Den or Pack conservation project and completion of the following:

Wolf Cub Scouts

- Achievement 7 "Your living World"
- and all of the elective projects in 2 of the following:
 - Elective 13 "Birds"
 - Elective 15 "Grow something"
 - Elective 19 "Fishing"

Bear Cub Scouts

- Achievement 5 "Sharing your world with wild-life"
- and all of the elective projects in 2 of the following:
 - Elective 2 "Weather"
 - Elective 12 "Nature crafts"
 - Elective 15 "Water and soil conservation"

Webelos Scouts

- Forester Activity Badge
- Outdoorsman Activity Badge
- Naturalist Activity Badge





CUB SCOUTING'S LEAVE NO TRACE AWARENESS AWARD

Tiger Cub, Cub Scout, Webelos Scout

- 1. Discuss with your leader or parent/guardian the importance of the Leave No Trace frontcountry guidelines.
- 2. On three separate outings, practice the frontcountry guidelines of Leave No Trace.
- 3. Boys in a Tiger Cub den complete the activities for Achievement 5, Let's Go Outdoors; boys in a Wolf den complete Requirement 7, Your Living World; boys in a Bear den complete Requirement 12, Family Outdoor Adventures; boys in a Webelos den earn the Outdoorsman activity badge.
- 4. Participate in a Leave No Trace-related service project.
- 5. Promise to practice the Leave No Trace frontcountry guidelines by signing the Cub Scout Leave No Trace Pledge.
- 6. Draw a poster to illustrate the Leave No Trace frontcountry guidelines and display it at a pack meeting.

Cub Scout Leader

- 1. Discuss with your den's Cub Scouts or your pack's leaders the importance of the Leave No Trace front-country guidelines.
- 2. On three separate outings demonstrate and practice the frontcountry guidelines of Leave No Trace.
- 3. Participate in presenting a den, pack, district, or council awareness session on Leave No Trace front-country guidelines.
- 4. Participate in a Leave No Trace-related service project.
- 5. Commit yourself to the Leave No Trace frontcountry guidelines by signing the Cub Scout Leave No Trace Pledge.
- 6. Assist at least three boys in earning Cub Scouting's Leave No Trace Awareness Award.





Patches (catalog number 08797)

are available through your local council.

- Wearing the Leave No Trace Awareness Award patch -

The patch is worn on the uniform shirt, as a "temporary" patch, centered on the right pocket. Only one temporary patch may be worn at a time.

WANT TO DO MORE? TAKE THE PLEDGE!

You can take the pledge to practice the Leave No Trace front-country guidelines wherever you go. Just review the guidelines and promise to practice them in your frontcountry outings.

CUB SCOUT LEAVE NO TRACE PLEDGE

I promise to practice the Leave No Trace front country guide-lines wherever I go:

- 1. Plan ahead.
- 2. Stick to trails.
- 3. Manage your pet.
- 4. Leave what you find.
- 5. Respect other visitors.
- 6. Trash your trash.





CUB SCOUT OUTDOOR ACTIVITY AWARD

An award that can be earned each year.



PROGRAM DESCRIPTION

All Tiger Cubs, Wolf and Bear Cub Scouts, and Webelos Scouts have the opportunity to earn the Cub Scout Outdoor Activity Award. Boys may earn the award in each of the program years as long as the requirements are completed each year. The first time the award is earned, the boy will receive the pocket flap award (see facsimile above,) which is to be worn on the right pocket flap of the uniform shirt. Each successive time the award is earned, a *wolf track pin* may be added to the flap. Leaders should encourage boys to build on skills and experiences from previous years when working on the award for a successive year.

REQUIREMENTS

All Ranks Must...

Attend Cub Scout day camp or Cub Scout/Webelos Scout resident camp. (To be completed after September 1, 2004.)

Rank-Specific Requirements

Tiger Cubs must...

Complete one requirement in Achievement 5, "Let's Go Outdoors" (Tiger Cub Handbook) and complete three of the outdoor activities listed below.

Wolf Cub Scouts must...





Assemble the "Six Essentials for Going Outdoors" (Wolf Handbook, Elective 23b) and discuss their purpose, and complete four of the outdoor activities listed below.

Bear Cub Scouts must...

Earn the Cub Scout Leave No Trace Award (Bear Handbook, Elective 25h) and complete five of the outdoor activities listed below.

Webelos Scouts must...

Earn the Outdoorsman Activity Badge (Webelos Handbook) and complete six of the outdoor activities listed below.

OUTDOOR ACTIVITIES

With your den, pack, or family:

- 1. Participate in a nature hike in your local area. This can be on an organized, marked trail, or just a hike to observe nature in your area.
- 2. Participate in an outdoor activity such as a picnic or park fun day.
- 3. Explain the buddy system and tell what to do if lost. Explain the importance of cooperation.
- 4. Attend a pack overnighter. Be responsible by being prepared for the event.
- 5. Complete an outdoor service project in your community.
- 6. Complete a nature/conservation project in your area. This project should involve improving, beautifying, or supporting natural habitats. Discuss how this project helped you to respect nature.
- 7. Earn the Summertime Pack Award.
- 8. Participate in a nature observation activity. Describe or illustrate and display your observations at a den or pack meeting.
- 9. Participate in an outdoor aquatic activity. This can be an organized swim meet or just a den or pack swim.



Mark H. Morris Den Leader Pack 2, Downingtown



- 10. Participate in an outdoor campfire program. Perform in a skit, sing a song, or take part in a ceremony.
- 11. Participate in an outdoor sporting event.
- 12. Participate in an outdoor Scout's Own or other worship service.
- 13. Explore a local city, county, state, or national park.

 Discuss with your den how a good citizen obeys the park rules.







Cub Scouting conservation projects should involve the entire Cub Scout pack, each den, adult leaders, and family members. Hands-on projects help Cub Scouts and Webelos Scouts realize that everyone can do things to care for the environment. Cub Scouts and Webelos Scouts participating in the Conservation Good Turn can also meet some advancement requirements.

A Conservation Good Turn certificate is available at the council service center for units that participate and report on their efforts. The application is available at the council service. A Conservation-Good Turn patch is also available for purchase at the council service center to recognize individual youth and adult members who participate in a meaningful conservation project.

Page 80 of 95

Mark H. Morris Den Leader Pack 2, Downingtown



Awards available outside of BSA.

Keystone Trails Association - Young Hiker Award (12 and under)

- Applicant must have hiked 25 miles on any trail in Pennsylvania. Applicant may receive this award on multiple occasions, but must complete the 25-mile requirement on different trails for each award. This award also requires membership in the Keystone Trails Association.





Training for Cub Scout Leaders relating to hiking and other outdoor activities.





BALOO - Basic Adult Leader Outdoor Orientation is a one-day training event that introduces parents and leaders to the skills needed to plan and conduct pack outdoor activities, particularly pack camping.

BALOO includes information on

- Preparations for camping with Cub Scouts
- Site selection
- Parent involvement
- Health and safety
- Equipment
- Feeding
- Introduction to outdoor skills

This training is required for any adult who is in charge of planning a pack campout, and it is recommended that one adult per pack complete BALOO training.

OWL - Outdoor Webelos Leader Training is for all Webelos leaders. This training course covers the skills & resources needed to teach the outdoor activity badges and helps to provide good & safe outdoor experiences. Completion of this training is required before a Webelos den can go on a campout. This is district-scheduled training.



Introduction to Outdoor Leader Skills

Outdoor skills are critical to the success of the Scouting program, and Introduction to Outdoor Leader Skills will provide leaders with the basic outdoor skills information needed to start a program right.

Introduction to Outdoor Leader Skills is the required outdoor training for all Scoutmasters, assistant Scoutmasters, and Varsity Scout coaches. The skills taught are based on the outdoor skills found in *The Boy Scout Handbook*. The course is also ideal for Venturing leaders because it focuses on skills that build confidence and competence in leaders conducting outdoor camping experiences.



Introduction to Outdoor Leader Skills, No. 33640

The course is a day and a half long, but a leader can move at an accelerated pace by demonstrating mastery of a specific skill. The emphasis is on the skill, rather than on attending the course.

Wood Badge for the 21st Century

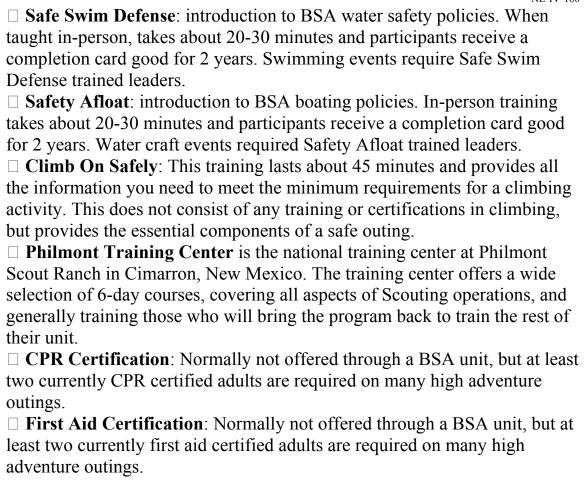


Wood Badge has evolved into the core leadership skills training course for the BSA. The new Wood Badge course focuses on strengthening every volunteer's ability to work with and lead groups of youth and adults and is less focused on outdoor skills, which are more effectively addressed in other courses.



Mark H. Morris Den Leader Pack 2, Downingtown





Page 85 of 95



Standard Forms for use on any Cub Scout Activity.



Mark H. Morris Den Leader Pack 2, Downingtown



INFORMED C	CONSENT AGREEMEN	T
I understand that participation in the	(Activity)	offered through the
	Council, Boy Scouts of America, involves a	certain degree of risk. I have
carefully considered the risk involved and have given	(Name)	, my (son/daughter),
my consent to participate in	(Activity)	_ on (Dates)
This form must have both parent/guardian signature(s)	r.	
Name (Please print.)	Name (Pleas	be print.)
Signature	Signati	are
Date	Date	
Telephone number(s) (area code included)		







65

LOCAL TOUR PERMIT APPLICATION

LOCAL PERMI	T NO	ATE I	SSUED			
used for trips o use National To	fless than 500 miles. If des	tinatio	service center two weeks in a on is 500 miles or more one w Units going into wilderness o	vay or outs	ide the U.S.A. (lo	cal council camp excepted),
Type of unit	_ No		wn		District	hereby applies
	submits plans herewith for	a trip f	rom	, to	Date	_, 20
Give itinerary if and overnight s		, inclu	Date ding route description for read			
Type of trip:	One day Touring cam	5 5	Short-term.camp Long-term	m.camp (Furnish copy of p	rogram and menus.)
No. 34368B, sta American Red 0	andards are to be followed. Cross's standard first aid an	If clin	g is included in the program, nbing/rappelling is included, th n Help Is Delayed or equivaler	nen Climb	On Safely, No. 32	206 (which recommends the
One adult in the	e group must be trained as o	Age	ON IN	Codeby All	at Expiration Date	Climb or Safely Date Taken
	Name	Age	Sate Swim Detense Expiration Date	Safety Atio	oat Expiration Date	Climb of Safety Date Taken
At least one per		-	ny recognized agency for Safet	V		
	Name	Age	CPRTraining		Agency	Expiration Date
At least one adu	ult on a pack overnighter mus	t have	completed Basic Adult Leader	r Outdoor C	rientation (BALO	O. No. 34162A).
	Name	Age			Training Completed	
12/00/2 12/2 12/00/0	O 1966 - VENOZ IN 1220/20		which to see the like	dr 200 A10	to topological and the second	70 m MMm
			BusBoatCanoe			
Tour will include			proved for equipment only— adults Have		pprovals been se	
It is the tour le	ader's and unit committee	memb	er's understanding that all di			
45 EV 130939	ments as listed on the rever nd personnel: Bov Scout		a company of the comp	rotection T	valnina.	
requires at leas Coed Venturing	t two adult leaders on all cal pcrews must have both mal leader in charge of this grou	nping e and	trips and tours. female leader- t be at least 21 All reg event of Trainin At leas Protec	jistered adi oractivitym g. st one regi tion Trainii	ults participating i nust have complete stered adult who ng must be prese	in any nationally conducted ed the BSA Youth Protection has completed BSA Youth ent at all other events and
Tour leader's n	.oma		activiti		uire a tour permit. Phone_	
Address	iaille	Print	or type	Age	FIIOHE_	
	ossession a copy of Guide	to Sa	nfe Scouting, No. 34416D, and	d have rea	d it.	
Assistan: tour le	eader's name		1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994 - 1994	Age	Phone	Tour leader's signature
Address						
	Signed by member of unit commit	lee.			Signed by tou	ır leader
			TAIN IN COUNCIL SERVICE	CENTER		
BOY SCOUTS	CAL TOUR OR CAMP P S OF AMERICA		displayed when reque			oup leader at all times and other duly authorized persons.
Permit issued to	Type of unit No	_ Tow	/n		Local Parmit N	ło
	Name of tour leader	\ge	Address		Date Issued	10.44 Per 10. 10. 10. 10. 10. 10. 10. 10. 10. 10.
					Duic issued _	
Darmit carare a	Name of tour leader	λge	Address and			
			and	0		
Total youth			adults			
according to the	e best standards of Scoutin	g and	rance that they will conduct th observe all rules of health, s merica and as stated in the	afety, and	Cc	ouncil Stamp
	n the reverse side of this per			M1	Not official unless	s council stamp appears here.
camps or sta	ays for one night or more. of the Cub Scout, Boy S	Signa	nments of officials where the tures indicate that the coop Varsity Scout, or Venturing	eration		ncill name and address
	ctory in every way.	12	Namahura O-		57	Council phone to.
Date	Place	+	Gignature Co	mment		
		\bot			Si	gned for the council
		+				
		_				

tracted dime.♥















All vehicles MUST be covered by a public liability and property damage liability insurance policy. The amount of this coverage must meet or exceed the insurance requirement of the state in which the vehicle is licensed. (It is recommended, however, that coverage limits are at least \$50,000/\$100,000/\$50,000 or \$100,000 combined single limit.) Any vehicle carrying 10 or more passengers is required to have limits of \$100,000/\$500,000/\$100,000 or \$500,000 combined single limit. In the case of rented vehicle, the requirement of coverage limits can be met by combining the limits of personal coverage carried by the driver with coverage carried by the owner of the rented vehicle. All vehicles used in travel outside the United States must carry a public liability and property damage liability insurance policy that complies with or exceeds the requirements of that country.

R OF GERS		DRIVER'S	WILL	PUBLIC LIAE	BILITY INSURANCE	COVERAGE
NUMBE	OWNER'S NAME	NUMBER	WEAR A SEATBELT?	PUBLIC Each Person	Each Accident	PROPERTY DAMAGE
				\$	\$	\$
	NUMBER OF PASSENGERS	AUMBER OF MANUERS NAME OWNER'S NAME	OWNER'S NAME DRIVER'S LICENSE NUMBER	US SERVICE STATE OWNER'S NAME DRIVERS LICENSE WEAR A SEATBELT?		

The local council may allow a list of the above information to be attached to the permit in order to expedite the process. Each unit may circle the names of the drivers for an event or an activity.

TRANSPORTATION

- You will enforce reasonable travel speed in accordance with state and local laws in all motor vehicles.
- 2. If by motor vehicle:
- to princip vertice.

 a. Driver Cualifications: All drivers must have a valid driver's license and be at least 18 years of age. Youth Member Exception: When travelling to an area, regional, or national Boy Socut activity or any Venturing verer under the leadership of an adult (21+) tour leader, a youth member at least 16 years of age may be a driver, subject to the following conditions: (1) Six monthst driving experience as a learness driver (firms on a learner's permit or equivalent is not to be counted; (2) no record of accidents or moving violations; (3) parental permission has been granted to leader, driver, and riders.
- If the vehicle to be used is designed to carry more than 15 persons (including driver) the driver must have a commercial driver's license (CDL).
- C.D.L. expiration date ____
- Driving time is limited to a maximum of 10 hours and must be interrupted by frequent rest, food, and recreation stops.
- d. Seat belts are provided, and must be used, by all passengers and driver. Exception: A school or commercial bus.
- e. Passengers will ride only in the cab if trucks are used.

- OUR PLEAGE OF PERFORMANCE

 OUR PLEAGE OF PERFORMANCE

 OUR PLEAGE OF PERFORMANCE

 OUR PLEAGE OF PERFORMANCE

 We will see that Safe Swirm Defense in any swimming activity, Sately Allot in all craft activity on the water and Critic On Sately for climbing activity.

 We will see that so only for transpring equipment—on passengers except in the cash. All passenger cars, station wagons, recreational whicles, and cabe of trucks will have a seat belt for each passenger.

 3. We agree to entrore reasonable travel speed (in accordance with national, state, and local stays) and use only whelces that are in sate mechanical condition.

 4. We will see that the same are attended at all times.

 5. We will see that the same are attended at all times.

 6. We will at all times to an acredit to the big Souds of Arrerica and will not blensale roundy, since the same and sanitary camp, leaving in a better condition than we found:

 7. We will another to play any travel, partage, or in cars. All nobles that cannot be burned will be placed in a totel-liter bag and taken to the neasest recognized trash disposal or all the way horne, increases.

 9. We will and in the same and the same a

66





NATIONAL TOUR PERMIT APPLICATION

· · · · · · · · · · · · · · · · · · ·	
LOCAL COUNCIL TIME STAMP	REGIONAL TIME STAMP

A National Tour Permit is required for all groups traveling to areas 500 miles or more one way from home area (local council camp excepted), or crossing national boundaries into the territory of other nations. This application should be submitted, typed or printed, to the local council service center for approval at least one month before your tour. Then the council service center will forward it to the regional service center for further approval. It is essential that you read *Tours and Expeditions*, No. 33737D, before filling out this form. For trips and overnight camps less than 500 miles one way, use Local Tour Permit Application, No. 34426E.

FOR TOURS 500 MILES OR MORE AND TOURS OUTSIDE THE U.S.A.

	TOTTOOTIC	OUO WILLO OIT W	IONE AND TOOMS O	OTOIDE THE	0.0.A.	
Current dat	out 5			-		
Council nar				it	No	
Council add	dress					
	this trip is					
From (city a	and state)		to			
_	und trip					•
Is accident	insurance in force for this unit? _	⊥Yes _ No Co	mpany		Policy r	10
	HIP AND PERSONNEL (Boy Sco rews must have both male and fer		cy requires at least tv	vo adult leader	rs on all camping	g trips and tours. Coed
1. The adu	llt leader in charge of this group m	ust be at least 21 ye	ears old.			
Name _	50 1000 SH	Age	Scouting position		Exp	iration date
Street o	r R.F.D					
City				State	Zip c	ode
	hone_()		Business phone	()		· · · · · · · · · · · · · · · · · · ·
List expe	erience and training for this respor	sibility.				
I have it	n my possession a copy of <i>Guic</i>	le to Safe Scoutin	g, No. 34416, and ha	ve read it.		
	te adult leader name(s) (minimum	age 18) Age	Scouting position		Adult leader's :	signature Expiration date
Address					Phone (
Andalasasas					Diam'r.	
			dii-i		Phone ()
	a list with additional names and					
3. Party wi	Il consist of (number):	Party will trave	l by:	If traveling	by other method:	s, please specify:
-	Cub Scouts	Car _				
-	Boy Scouts	Bus _				r crew that has a male r. This leader will be
	Varsity Scouts	Train I			e for the Venturer	
-	Venturers—male	Plane		Advisor		
	Venturers—female	Canoe I		Other crew	's no	
	Adults—male Adults—female	Van I Boat I		Council		
-	Total	Foot				
	Iotai	Cvcle _				
TRANSPO	RTATION	Cycle _				
6. If traveling a. Drive be at Ventu to the	enforce reasonable travel speed in ng by motor vehicle: or qualifications: All drivers must his least 18 years of age. Youth-meuring event under the leadership of following conditions: (1) Six more punted); (2) No record of accidents	ave a valid driver's mber exception: f an adult (21+) tou ths' driving experie or moving violation	license that has not be When traveling to an Ir leader, a youth men ence as a licensed cri ns; (3) Parental permis	peen suspende area, regional nber at least 1 ver (time on a ssion has beer	ed or revoked for I, or national Boy 6 years of age m learner's permit n granted to leade	y Scout activity, or any nay be a driver, subject or equivalent is not to er, driver, and riders.
NATIONAL	TOUR PERMIT		TO CERTIFY THAT		COUNCIL NU	JMBER
Permission	is granted to:					
Tour leader				Dat		
Type of unit			No		Council	
Council add	dress					
For trip from	m		to			
Dates						, 20
Any per Scouts of A	rmit is granted with the understand cessions because of its connection son to whom this permit is preser America that members of this ground and themselves accordingly.	n with the Boy Scor ted is advised that	uts of America will be proper assurance ha	permitted en rus been given t	oute. to approved repr	esentatives of the Boy



Regionalauthorization

Mark H. Morris Den Leader Pack 2, Downingtown



c. Driving tin driver, thei d. Seat belts by law. e. Passenger	n reduce are prov	driving til ided, <i>and</i>	me and sto I must be u	p more <i>sed</i> , by	freque all pa	ently. assengers ar	·		nt rest, fo	,		. ,
All vehicles MU meet or exceed are at least \$50, imits of \$100,00 can be met by c rehicles used in vith or exceeds	the insur 000/\$100 00/\$500,0 ombining travel ou	rance req 0,000/\$50 100/\$100, 1 the limit utside the	uirement of 1,000 or \$10 000 or \$50 s of person United Sta	the sta 00,000 0,000 c al cove ates mu	ate in combir combir rage d ust ca	which the ve ined single lined single line carried by the rry a public l	ehicle is licer mit.) Any veh nit. In the cas e driver with liability and p	nsed. (It is nicle carry se of rent coverage property of	recomm ring 10 or ed vehicle carried b damage li	nended, howe more passe es, the requir by the owner	ever, that ngers is rement of of the re	t coverage ling tequired to held to he
KIND		A OF SERS			,	DRIVER'S	DOES EVERYONE		PUBLIC LI	ABILITY INSUR	ANCE COV	'ERAGE
YEAR AND M. OF VEHICL		NUMBER OF PASSENGERS	OWNEF NAME			LICENSE NUMBER*	HAVE SEAT BELTS?	Each	PUBLIC I Person	LIABILITY Each Accid	dent	PROPERTY DAMAGE
								\$		\$	\$	
											-	
	SWIMMIN swimmin are to be oss's sta	JATICS— ig or boat followed. ndard firs	CLIMBING ing is inclu- if climbing it aid and W	ded in t rappell /hen He	the pro ling is elp Is l	ogram, Safe included, the		se, No. 34 Safely, N	1370A, ar lo. 20-099	nd/or Safety / BB (which red	Afloat, N	o. 34368B, s
	NIAS	ME		,	AGE		SWIM DEFENS	SE		TY AFLOAT TE TAKEN		MB ON SAFELY DATE TAKEN
	INAI			-		<u> </u>						
	NAI											
•	son must NAM equipme loing into bup leade istered a	be traine we ent will ince the wilde r will have	lude: first-a rness or ba in his or he	id kit, ro	oad er	mergency kit ust carry and the appropria	PR TRAINING i. d abide by the	e Wildern	ess Use I	GENCY Policy, No. 20 every leader a)-121. and partid	
b. Our travel	equipme oing into oup leade istered as g. t one regi a tour pe equired for the company of the co	be traine me me me me mi mi mi mi mi m	lude: first-a rness or ba in his or he licipating in lult who has following in	id kit, rockcourr posse any no complete	oad erntry micession ational	mergency kit ust carry and the appropria Illy conducte assa Youth Pr	PR TRAINING d abide by the ate health and devent or a rotection Trair	e Wildern Imedical activity mu ning must	ess Use I forms for a ust have	Policy, No. 20 every leader a completed th	0-121. and partid ne BSA `	cipant. Youth Protec
b. Our travel	equipme oing into oup leade istered as g. t one regi a tour pe equired for the company of the co	be traine me me me me mi mi mi mi mi m	lude: first-a rness or ba in his or he ticipating in lult who has following in nts.) Attach	id kit, rockcourr posse any no complete	oad erntry micession ational	mergency kit ust carry and the appropria Illy conducte assa Youth Pr	PR TRAINING d abide by the ate health and devent or a rotection Trair	e Wildern I medical activity mu ning must of the to quired.	ess Use I forms for a ust have be presen	Policy, No. 20 every leader a completed th nt at all other a: Speed or	o-121. and partione BSA ` events a	cipant. Youth Protect and activities be daily mile
b. Our travel	equipme oing into our leade sistered arg. t one regi a tour pe equired to	be traine me me me me mi mi mi mi mi m	lude: first-a rness or ba in his or he licipating in lult who has following in	id kit, rockcourr posse any no complete	oad erntry micession ational	mergency kit ust carry and the appropria Illy conducte assa Youth Pr	PR TRAINING d abide by the ate health and devent or a rotection Trair	e Wildern Imedical activity mu ning must of the to	ess Use I forms for oust have be preseluur: (Note	Policy, No. 20 every leader a completed th	0-121. and partid ne BSA \(\) r events a excessiv	cipant. Youth Protection activities The daily mile
b. Our travel c. Units g d. The gro e. All regi Training f. At least require cinerary. It is n	equipme oing into our leade sistered arg. t one regi a tour pe equired to sssibility of	be traine ment will inc the wildel r will have dults part distered ac ermit. that the 1 of accider	lude: first-a rness or ba in his or he ticipating in lult who has following in nts.) Attach	id kit, rockcourr posse any no complete	oad er ntry mi ession ationa leted E	mergency kit ust carry and the appropria Illy conducte assa Youth Pr	PR TRAINING d abide by the ate health and event or a rotection Train or each day e space is re	e Wildern Imedical activity mu ning must of the to	ess Use I forms for oust have be preseluur: (Note	Policy, No. 20 every leader a completed the nt at all other e: Speed or	0-121. and partid ne BSA \(\) r events a excessiv	cipant. Youth Protection activities The daily mile
b. Our travel c. Units g d. The gro e. All regi Training f. At least require cinerary. It is n	equipme oing into our leade sistered arg. t one regi a tour pe equired to sssibility of	be traine ment will inc the wildel r will have dults part distered ac ermit. that the 1 of accider	lude: first-a rness or ba in his or he ticipating in lult who has following in nts.) Attach	id kit, rockcourr posse any no complete	oad er ntry mi ession ationa leted E	mergency kit ust carry and the appropria Illy conducte assa Youth Pr	PR TRAINING d abide by the ate health and event or a rotection Train or each day e space is re	e Wildern Imedical activity mu ning must of the to	ess Use I forms for oust have be preseluur: (Note	Policy, No. 20 every leader a completed the nt at all other e: Speed or	0-121. and partid ne BSA \(\) r events a excessiv	cipant. Youth Protection activities The daily mile
b. Our travel c. Units g d. The gro e. All regi Training f. At least require cinerary. It is n	equipme oing into our leade sistered arg. t one regi a tour pe equired to sssibility of	be traine ment will inc the wildel r will have dults part distered ac ermit. that the 1 of accider	lude: first-a rness or ba in his or he ticipating in lult who has following in nts.) Attach	id kit, rockcourr posse any no complete	oad er ntry mi ession ationa leted E	mergency kit ust carry and the appropria Illy conducte assa Youth Pr	PR TRAINING d abide by the ate health and event or a rotection Train or each day e space is re	e Wildern Imedical activity mu ning must of the to	ess Use I forms for oust have be preseluur: (Note	Policy, No. 20 every leader a completed the nt at all other e: Speed or	0-121. and partid ne BSA \(\) r events a excessiv	cipant. Youth Protection activities The daily mile
d. The group of the control of the c	equipme oing into oup leade istered at tone regi a tour pe equired to ssibility c	be traine me me me mit will inc the wilder r will have dults part istered ac rmit. that the formation room me me me me me me me me me	ilude: first-arriess or be in ris or he icicipating in lult who has following in its.) Attach TRAVEL TH nal Letter of Application ons, No. 33' the leaders or coedures	id kit, rr ckcourr r posses any ni c compliant an add	oad er htry mrssion attional eted E littonal To RNAT ductio 2-128 or tips to rips and to rips	mergency kitust carry and the appropriate appropriate appropriate appropriate and a second a second and a second a second and a second	TER OF INT to another com your loca international in every way as as establish	e Wildern I medical citivity muning must of the toquired. C (C	ess Use I forms for ust have be presenur: (Note over NIG Check if reconstruction or viservice of foregoing a Boy Society of the service of th	Policy, No. 20 every leader a completed th nt at all other e: Speed or HT STOPPII eservations a with family menter. (See "It	o-121. and particle BSA vecents a excessiv NG PLAC are cleare	sipant. Fouth Protection activities e daily mile DE should use an Internation ect, and that
b. Our travel c. Units g d. The g d. The g e. All regi Training f. At least require tinerary. It is r noreases the po DATE DATE dividuals want nternational Let experience in T Ve hereby verif yill comply with erious injury of	equipme oing into pup leade stered at 3.3 tone regi a tour pe equired to sssibility of Fitting an litter of Introvers and y that we the polic or fatality	be traine me me me mit will inc the wilder r will have dults part istered ac rmit. that the formation room me me me me me me me me me	ilude: first-arriess or be in ris or he icicipating in lult who has following in its.) Attach TRAVEL TH nal Letter of Application ons, No. 33' the leaders or coedures	id kit, rr ckcourr r posses any ni c compliant an add	oad er htry mrssion attional eted E littonal To RNAT ductio 2-128 or tips to rips and to rips	mergency kitust carry and the appropriate appropriate appropriate appropriate and a second a second and a second a second and a second	TER OF INT to another com your loca international in every way as as establish	e Wildern I medical activity muning must of the toquired. (Compared to the country a sile council it council is council if council is council is council is council if council is council is council is council if council is council is council is council is council if council is council	ess Use I forms for ust have be presenur: (Notes) DVERNIG Check if reconstruction or viservice conference of the presenue of the present of	Policy, No. 20 every leader a completed th nt at all other e: Speed or HT STOPPII eservations a with family menter. (See "It	o-121. and particle BSA vecents a excessiv NG PLAC are cleare	sipant. Fouth Protection activities e daily mile DE should use an Internation ect, and that
b. Our travel c. Units g d. The gic e. All regi Training f. At least require binerary. It is in creases the po DATE DA	equipme oing into pup leade stered at 3.3 tone regi a tour pe equired to sssibility of Fitting an litter of Introvers and y that we the polic or fatality	be traine me me mit will inc the wilde r will have dults part istered ac rmit. that the formation rom me me me me me me me me me	ilude: first-arriess or be in ris or he icicipating in lult who has following in its.) Attach TRAVEL TH nal Letter of Application ons, No. 33' the leaders or coedures	id kit, rr ckcourr r posses any ni c compliant an add	oad er htry mrssion attional eted E littonal To RNAT ductio 2-128 or tips to rips and to rips	mergency kitust carry and the appropriate appropriate appropriate appropriate and a second a second and a second a second and a second	TER OF INT to another com your loca international in every way as as establish	e Wildern I medical citivity muning must of the toquired. C (C	ess Use I forms for ust have be presenur: (Notes) DVERNIG Check if reconstruction or viservice conference of the presenue of the present of	Policy, No. 20 every leader a completed the nt at all other e: Speed or HT STOPPII esservations a with family menter. (See "I g statements outs of Amer telly.	o-121. and particle BSA vecents a excessiv NG PLAC are cleare	sipant. Fouth Protection activities e daily mile DE should use an Internation ect, and that
b. Our travel c. Units g d. The gic e. All regi graining f. At least require binerary. It is in creases the po DATE DA	equipme oing into pup leade stered at 3. t one regi a tour pe equired it sssibility of the ssssibility of the sssssibility of the ssssssibility of the ssssssibility of the sssssssibility of the sssssssssssssssssssssssssssssssssss	be traine me me mit will inc the wilde r will have dults part istered ac rmit. that the formation rom me me me me me me me me me	ilude: first-arriess or be in ris or he icicipating in lult who has following in its.) Attach TRAVEL TH nal Letter of Application ons, No. 33' the leaders or coedures	id kit, rr ckcourr r posses any ni c compliant an add	oad er htry mrssion attional eted E littonal To RNAT ductio 2-128 or tips to rips and to rips	mergency kitust carry and the appropriate appropriate appropriate appropriate and a second a second and a second a second and a second	TER OF INT to another com your loca international in every way as as establish	e Wildern I medical activity muning must of the toquired. (Compared to the country a sile council it council is council if council is council is council is council if council is council is council is council if council is council is council is council is council if council is council	ess Use I forms for ust have be presenur: (Notes) DVERNIG Check if reconstruction or viservice conference of the presenue of the present of	Policy, No. 20 every leader a completed the nt at all other e: Speed or HT STOPPII esservations a with family menter. (See "I g statements outs of Amer telly.	p-121. and particle BSA vectors as excessive. In the BSA vectors are cleared as excessive.	sipant. Fouth Protection activities e daily mile DE should use an Internation ect, and that
b. Our travel c. Units g d. The gic e. All regi Training f. At least require inerary. It is in creases the po DATE DATE DATE DATE DATE DATE Contract Chairma Approved Chairma Circur least Circ	equipme oing into out leads to one regis a tour pe equired it sssibility o F titing an litter of Intro ours and y that we the polic or fatality In of committee on of committee out of committ	be traine me me mit will inc the wilde r will have dults part istered ac rmit. that the to f accider mom me me mom moduction Expeditic consider ies and p occurrin occurrin occurrin occurrin	ilude: first-arriess or be in ris or he ticipating in lult who has following in its.) Attach TRAVEL TH nal Letter Application ons, No. 33' the leaders and during	id kit, rich id ki	oad error try min session attional troid to the troid to the troid	mergency kit ust carry and the appropria illy conducte 3SA Youth Pr provided for page if mon	TER OF INT to another com your local intervery was as establish fy our local coval at least	e Wildern I medical activity muning must of the toquired. C (C	ess Use I forms for ust have be presenur: (Note DVERNIG Check if recovered by the control of the	Policy, No. 20 every leader a completed th nt at all other e: Speed or HT STOPPII eservations a with family menter. (See "I g statements outs of Amer tely.	o)-121. and particle BSA vecents a excessive NG PLACere cleared the members Planning are corrica. In the plate Date Date	sipant. Fouth Protection activities e daily mile DE should use an Internation ect, and that
b. Our travel c. Units g d. The gr e. All regi Training f. At least require tinerary. It is n creases the po DATE DATE DATE dividuals want ternational Let terprive comply with terious injury of chairmal topproved (Chairmal	equipme oing into pup leade stered at 3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3.	be traine me me mit will inc the wilde r will have dults part istered ac rmit. that the to f accider mom me me mom moduction Expeditic consider ies and p occurrin occurrin occurrin occurrin	ilude: first-arriess or be in ris or he ticipating in lult who has following in its.) Attach TRAVEL TH nal Letter Application ons, No. 33' the leaders and during	id kit, rich id ki	oad error try min session attional troid to the troid to the troid	mergency kit ust carry and the appropria illy conducte 3SA Youth Pr provided for page if mon	TER OF INT to another com your local intervery was as establish fy our local coval at least	e Wildern I medical citivity muning must of the toquired. C (C	ess Use I forms for ust have be presenur: (Note DVERNIG Check if recovered by the control of the	Policy, No. 20 every leader a completed th nt at all other e: Speed or HT STOPPII eservations a with family menter. (See "I g statements outs of Amer tely.	p-121. and particle BSA vectors as excessive. In the BSA vectors are cleared as excessive.	sipant. Fouth Protection activities e daily mile DE should use an Internation ect, and that
b. Our travel c. Units g d. The gr e. All regi Training f. At least require cinerary. It is r creases the po DATE DATE	equipme oing into pup leade stered at 3 tone regist at our pe equired its ssibility of the	be trained we will income with the state of accident of accident room. Internation of accident consideries and proccurring occurring with the state of accident will be will	ilude: first-arriess or be in ris or he ticipating in lult who has following in its.) Attach TRAVEL TH nal Letter Application ons, No. 33' the leaders and during	id kit, rich id ki	oad error try min session attional troid to the troid to the troid	mergency kit ust carry and the appropria illy conducte 3SA Youth Pr provided for page if mon	TER OF INT to another community as establish fy our local roval at least	e Wildern I medical activity muning must of the toquired. (Compared to the control of the toquired. (Compared to the control of the toquired. (Compared to the toquired to the toquired. (Compared to the toquired toquired to the toquired toquired to the toquired toqui	ess Use I forms for ust have use he present the present the present the present the present the present the prior to the p	Policy, No. 20 every leader a completed th nt at all other e: Speed or HT STOPPII eservations a with family menter. (See "I g statements outs of Amer tely.	p-121. and particle BSA vecessive excessive ex	sipant. Fouth Protection activities e daily mile DE should use an Internation ect, and that





NAME



PERSONAL HEALTH AND MEDICAL RECORD CLASS 1 AND CLASS 2

Class 1 (update annually for all participants). Activity: Day camp, overnight hike, or other programs not exceeding 72 hours, with level of activity similar to that of home or school. Medical care is readily available. Current personal health and medical summary (history) is attested by parents to be accurate. This form is filled out by all participants and is on file for easy reference.

Class 2 (required once every 36 months for all participants under 40 years of age). Activity: Resident camp or any other activity such as backpacking, tour camping, or recreational sports involving events lasting longer than 72 consecutive hours, with level of activity similar to that at home or school. Medical care is readily available.

Note: Some states require an annual precamp medical evaluation. Your BSA local council service center can advise you about the requirements for your state.

If your child has had a medical evaluation (physical examination) within the last 36 months, a copy of the results of this examination must be attached to the health history for all participants in a camping experience lasting longer than 72 consecutive hours. If a copy is not available, a physical examination (using the Class 2 section of this form) must be scheduled by a "licensed health-care practitioner. This medical evaluation (physical examination) also is required if your child is currently under medical care, takes a prescribed medication, requires a medically prescribed diet, has had an injury or illness during the past 6 months that limited activity for a week or more, has ever lost consciousness during physical activity, or has suffered a concussion from a head injury.

*Examinations conducted by licensed health-care practitioners, other than physicians, will be recognized for BSA purposes in those states where such practitioners may perform physical examinations within their legally prescribed scope of practice.

THIS FORM IS NOT TO BE USED BY ADULTS OVER 40, BY HIGH-ADVENTURE PARTICIPANTS (USE FORM NO. 34412A), OR FOR NATIONAL SCOUT JAMBOREE (USE FORM NSJ-34412-01).

CLASS 1 PERSONAL HEALTH AND MEDICAL HISTORY

(To be filled cut annually by all participants)

To be filled out by parent, guardian, or adult participant. Please print in ink.

IDENTIFICATION

Name	Date o	f birth	Age	Sex
Name of parent or guardian		Tele	phone	
Home address	City	State	Zip	
Business address	City	State	Zip	
If person named above is not ava	ailable in the event of an emergency, notify			
Name	Relationship	Teleph	one	
Name	Relationship	Teleph	one	
Name of personal physician		Teleph	one	
Personal health/accident insuran	ce carrier	Policy	No	
In case of emergency, I und kin). In the event I cannot be	ripation in BSA programs, subject to limitations erstand every effort will be made to contact m reached, I hereby give my permission to the ure proper treatment, including hospitalization cipant is an adult).	ne (if participant is an a licensed health-care p	ractitioner se	elected by the
DateSignat	ure of parent/guardian cr adult			
Date updated	Signature of parent/guardian or adult			

Page 92 of 95

Date updated_____Signature of parent/guardian or adult_____Some hospitals require the parent/guardian signature to be notarized. Check with your BSA local council.

Mark H. Morris Den Leader Pack 2, Downingtown



		our health history. Explain		"Yes" answe	rs.		
ALLERGIES: Food, medicines	s, insects, plants	Yes					
GENERAL INFORMATION:	Yes No		Yes	No		Yes	No
ADHD (Attention-Deficit Hyperactivity Disorder	ш	Convulsions/seizures	1.0	ET	Hemophilia	П	
Asthma		Diabetes		ü	High blood pressure		J
Cancer/leukemia	1.0	Hearttrouble	1.1	[]	Kidney disease	1.1	I
xplain:							
Please list ALL medications ta	ken in the 30 day	s prior tc arrival at the Sc	outing	g activity whe	ere this form is to be used: _		_
ist any medications to be take	en at camp:						
ist any physical or behavioral r playing strenuous physical (ng, backpacking, hiking long	distar	ices,
ist equipment needed such a	s wheelchair, bra	ces, glasses, contact lens	es, et	c.:			
mmunizations: (Give date of					975 100		
Tetanus toxoid Diphtheria		Measles			Polio		
Pertussis		Mumps Rubella		-	-		
amp that may include sleepin	g on the ground a	and participating in strenu	ous ac	ctivities such		rous g	
amp that may include sleepin ames. Please review the heal PHYSICAL EXAMINATION (T	ng on the ground a lith history with the To be filled out by	and participating in strenu participant for any interin a licensed health-care pra	ous ac chan actition	ctivities such ges. Explair ner*)	as hiking, boating, and vigo n any "abnormal" evaluatio	rous g ns.	roup
eamp that may include sleeping pames. Please review the heal PHYSICAL EXAMINATION (T Height	ng on the ground a lth history with the Fo be filled out by Weight_	and participating in strenu participant for any interin a licensed health-care pra	ous actition	ctivities such ges. Explair ner*)	as hiking, boating, and vigon any "abnormal" evaluatio	orous g	roup
eamp that may include sleeping pames. Please review the heal PHYSICAL EXAMINATION (T Height	ng on the ground a lth history with the Fo be filled out by Weight_	and participating in strenu participant for any interin a licensed health-care pra	ous actition	ctivities such ges. Explair ner*)	as hiking, boating, and vigo n any "abnormal" evaluatio	orous g	roup
camp that may include sleeping games. Please review the heal PHYSICAL EXAMINATION (T Height	ng on the ground a lth history with the Fo be filled out by Weight	and participating in strenu participant for any interin a licensed health-care pra	ous ac chan actition BP_	otivities such ges. Explair ner*)	as hiking, boating, and vigon any "abnormal" evaluatio	orous g	roup
camp that may include sleepin pames. Please review the heal PHYSICAL EXAMINATION (Theight	ng on the ground a th history with the to be filled out by Weight bh	and participating in strenu participant for any interin a licensed health-care pra Glasses Abnorma	ous ac ochan actition BP N	ctivities such ges. Explair ner*)	as hiking, boating, and vigon any "abnormal" evaluatioPulse Contacts Explain	orous g	roup ————————————————————————————————————
amp that may include sleepin lames. Please review the heal PHYSICAL EXAMINATION (Theight	g on the ground a th history with the to be filled out by Weight the bn	and participating in strenu participant for any interin a licensed health-care pra Glasses Abnorma	ous ac ochan actition BP N	otivities such	as hiking, boating, and vigon any "abnormal" evaluatio Pulse Contacts Explain Genitalia	orous g	roup ————————————————————————————————————
amp that may include sleepin ames. Please review the heal PHYSICAL EXAMINATION (Teleight	g on the ground a Ith history with the To be filled out by Weight bbn l	and participating in strenu participant for any interin a licensed health-care pra Glasses Abnorma	ous acous actition BP_	otivities such	as hiking, boating, and vigon any "abnormal" evaluatioPulse Contacts Explain	orous g	Abn
tamp that may include sleepin pames. Please review the heal prysical examination (The leight with the leight w	g on the ground a Ith history with the To be filled out by Weight bbn l	and participating in strenu participant for any interin a licensed health-care pra Glasses Abnorma Teeth Cardiopulmonary system	ous acous actition BP_	otivities such	as hiking, boating, and vigon any "abnormal" evaluation Pulse Contacts Explain Genitalia Musculoskeletal	orous g	Abn
camp that may include sleepin pames. Please review the heal PHYSICAL EXAMINATION (The leight	g on the ground a thin history with the Fo be filled out by Weight	and participating in strenu participant for any interin a licensed health-care pra Glasses Abnorma Teeth Cardiopulmonary system Hernia	ous ad chan actition BP	Abn	as hiking, boating, and vigon any "abnormal" evaluation Pulse Contacts Explain Genitalia Musculoskeletal	orous g	Abn
ramp that may include sleepin pames. Please review the heal provided by the heal provided by the provided by the heal provided by the provided	g on the ground a th history with the to be filled out by Weight bh bh chapter in the ground and the ground	and participating in strenu participant for any interin a licensed health-care pra Glasses Abnorma Teeth Cardiopulmonary system Hernia	ous ad chan actition BP	Abn	as hiking, boating, and vigon any "abnormal" evaluation Pulse Contacts Explain Genitalia Musculoskeletal	orous g	Abn
ramp that may include sleepin pames. Please review the heal provided by the heal provided by the provided by the heal provided by the provided	g on the ground a thin history with the Fo be filled out by Weight the Weight the Follow	and participating in strenu participant for any interin a licensed health-care pra Glasses Abnorma Teeth Cardiopulmonary system Hernia	ous ad chan actition BP	Abn	as hiking, boating, and vigon any "abnormal" evaluation Pulse Contacts Explain Genitalia Musculoskeletal	N	Abn
ramp that may include sleepin pames. Please review the heal provided by the heal provided by the provided by the heal provided by the provided	g on the ground a thin history with the Fo be filled out by Weight the Weight the Follow	and participating in strenu participant for any interin a licensed health-care pra Glasses Abnorma Teeth Cardiopulmonary system Hernia	ous ad chan actition BP	Abn	as hiking, boating, and vigon any "abnormal" evaluation Pulse Contacts Explain Genitalia Musculoskeletal Neurobehavioral	N	Abn
ramp that may include sleepin pames. Please review the heal provided by	g on the ground a thin history with the Fo be filled out by Weight the Weight the Follow	and participating in strenu participant for any interin a licensed health-care pra Glasses Abnorma Teeth Cardiopulmonary system Hernia	ous ad chan actition BP	Abn	as hiking, boating, and vigon any "abnormal" evaluation Pulse Contacts Explain Genitalia Musculoskeletal Neurobehavioral	N	Abn
camp that may include sleepingames. Please review the heal PHYSICAL EXAMINATION (Theight Wisson Normal Check box: NAIGHEARING: Normal Check box: NAIGHEARING: Normal LEARING:	g on the ground a th history with the to be filled out by Weight bon Licen by licensed hea	and participating in strenu participant for any interim a licensed health-care pra Glasses Abnorma Teeth Cardiopulmonary system Hernia	obus actition actition BP	Abn	as hiking, boating, and vigon any "abnormal" evaluation Pulse Contacts Explain Genitalia Musculoskeletal Neurobehavioral Date Phone	N	Abn L BSA
camp that may include sleepingames. Please review the heal physical Examination (Theight	g on the ground a th history with the to be filled out by Weight bon Licen by licensed hea	and participating in strenu participant for any interim a licensed health-care pra Glasses Abnorma Teeth Cardiopulmonary system Hernia	ous actition BP N Other	Abn IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	as hiking, boating, and vigon any "abnormal" evaluation Pulse Contacts Explain Genitalia Musculoskeletal Neurobehavioral Date Phone	N	Abn L BSA

INTERVAL RECORD Date, Time, Place, Etc. (Findings #34414B PHOTOCOPYING THIS FORM IS PERMITTED. 34414B 2004 Printing



Mark H. Morris Den Leader Pack 2, Downingtown



Date of most recent complete physical examination (rronth and year)	PERSONAL HEAL I. IDENTIFICATION Name Last name Address	Age	Sex	Date of Birth*	license in high- form is	BOY SCOUTS OF AMERICA ss 3 activities require a health examination within the past 12 months by a 1 health-care practitioner. This includes youth and adult members participating Adventure activities, attletic competition, and world jambores. Annually, this to be used by adults 40 years of age or older for all activities requiring a physi- mination and applies to all Wood Badge participants/staff regardless of age.
III. PARENTAL STATEMENT IV. MINUNIZATIONS If disease, up in "O" and what is ever been necessary to restrict applicant's activities for medical reason? No "less for my knowledge, the information in sections I. III, III. IV. and VI is accurate and competite. I request a licensed health-care to be unknowledge, the information in sections I. III, III. IV. and VI is accurate and competite. I request a licensed health-care to be unknowledge, the information in sections I. III, III. IV. and VI is accurate and competite. I request a licensed health-care to be unknowledge information to other agencies as needed. What sign is applicant in SS programs, subject to limitations noted herein in the event of lime agencies as needed. What sign is applicant in SS programs, subject to limitations noted herein personal content in the event of limes accurate in first properties of such activity. I request that measures be instituted without delay as subgret or immediate present delates. What sign is applicant is 16 or jourget) What sign is applicant in 16 or olderly: Fill in sections 1, III, III, IV, and VI before seeing a licensed health-care practitioner conducted by licensed health-care practitioners may perform physical examinations will be recognized for ISS proposes in those states where such practitioners may perform physical examinations will be recognized for ISS proposes in those states where such practitioners may perform physical examinations will be recognized for ISS proposes in those states where such practitioners may perform physical examinations and proposes in those states where such practitioners may perform physical examination or content should be colored. Epically in July in July before seeing a licensed health-care practitioner. Practitioner specific competition of the state of the facility and proposes in those states where such practitioners in the practice are that where the colored is practiced as the state of colored proposes. In the participating in a stemulus and optimises and propos	Health/Accident insurance IN AN EMERGENCY NOTI Name Address City & State Personal		Polcy no		Has or Aller Any ADH	RGENCY MEDICAL INFORMATION is subject to (check and give details): gy to a medicine, foodf, plant, animal, or insect toxin condition that may require special care, medication, or diet D (Attention Deficit Hyperactive Disorder) ma Convulsions Heart trouble Contact lenses letest Fainting spells Bleeding disorders Dentures EXPLAIN EXPLAIN
Parent (or applicant if 18 or older): Fill in sections I, II, III, IV, and VI before seeing a licensed health-care practitioner. Check immunizations to be given at this time. Be sure to include any emergency information and restrictions or special care that should be observed. Especially be sure to record any injuries, illnesses, surgery, or significant changes in condition of health of applicant since last complete examination. - Date of most recent complete physical examination (month and year)	Has it ever been necessar cal reasons? No In N	y to restrict appress Does appless Does appless Does appless Does appless Does appless Does Does Does Does Does Does Does D	icant take medicine regu- If yes, explain. In yes, explain. In in sectors I, II, III, IV, IV, IV, IV, IV, IV, IV,	If disease, put "0" and year. Last year given Tetanus Diphtheria Pertusels Measles Mumps Rubella Polio Chicken Pox	Approv Hikir Corr Specify Recom Signed	INSED HEALTH-CARE PRACTITIONER'S EVALUATION AND ADVICE and eligible on reproductions for admining and camping Water activities
Above, and sign. Abdomen, hernia, rings Comments Comments	Parent (or applicant if 18 o practitioner. Check immunizat restrictions or special care th gery, or significant changes in • Date of most recent comple • Are you aware of any curret • Now under medical care or • Has there been any surgen in health status since last o Give dates and full details bel IS THERE DISEASE OF	tions to be given at should be ob- a condition of he ate physical exam the health probler taking medicine y, injury, illness, omplete physica	n at this time. Be sure to it isserved. Especially be sur- alth of applicant since last mination (month and year) iss? allergy, or change il examination?	nclude any emergency informat e to record any injuries, illness complete examination.	ion and es, sur- Yes	Licensed Health-Care Practitioner: The applicant will be participating in a strenuous activity that will include one or more of the following conditions: athletic competition, adventure challenge or wilderness expedition (afoot or afloat) hat may include high altitude, extreme weather conditions, cold water, exposure, fatigue, and/or remote conditions where readily available medical care cannot be assured. Please insist applicant furnish complete medical history (VI) before exam. Review immunizations; for youth (16 or younger) letanus and dightheria toxoids, measles, mumps, and rubella vaccines, and trivalent oral polio vaccine are required; youths and adults must have had teanus booster within 10 years. A measles booster is recommended at age 12.
Abumin Sugar Please list ALL medications taken in the 30 days pri or to arrival at the Menstrual problems Souting activity where this form is to be used: FOR THOSE ATTENDING PHILMONT OR NATIONAL HIGH-ADVENTURE BASES: 'The minimum age for all participants is 13 by January 1 of the year of participation, or have comp the seventh grade. No exceptions. 'The minimum age for all participants is 13 by January 1 of the year of participation, or have comp the seventh grade. No exceptions. 'That flood is by the cessibly a high-cathority drate, high-calorie diet. It is high in wheat, milk products, or syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products ca on syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products ca on syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products ca on syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products ca on syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products ca on syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products ca on syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products ca on syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products ca on syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products ca on syrup, and artificial coloring/flavoring.	HISTORY OF): Serious illness Serious injury Deformity Surgery Skin, glands Ears, eyes Nose, sinus Teeth, tonsils Dentures Bridge Chest, lungs Heart Murmur Rheumatic fever Stomach, bowels Appendicitis Kidneys or urine Albumin Sugar Infection Bed-wetting Menstrual problems Hemia (urpture) Back, limbs, joints Sleepwalking			Please list ALL medications in the 30 days prior to arrive Scouling activity where this	at the	above, and sign. Date

Page 94 of 95

Mark H. Morris Den Leader Pack 2, Downingtown



REVIEW FOR C	AMP OR SPECIA	AL ACTIVITY		-1	Laura		
DATE	AGENCY	AND ACTIVITY	BY	"OK"	PHYSICIAN RECHECK NEEDED	RESULTS OF RECHECK	INITI
ITERVAL REC	ORD	(C	AMP, CAMPOREE, TO	JRNAMENT, TF	AVEL, ETC.)		
DATE, TIME, F	PLACE, ETC.	FINDINGS, DI	AGNOSES, TREATMEN	T, INSTRUCTIO	NS, DISPOSITI	ON, ETC.	BY:

#34412B 7 30176 34412 6

Page 95 of 95